

Over-the-Counter | OTC Card

Your OTC Card: An Easy Way to Buy Health-Related Items

- Use your monthly over-the-counter card like cash to purchase health-related items!
- Accepted by major pharmacies such as CVS, Rite Aid, Duane Reade, and Walgreens, and many independent pharmacies!
- Automatically refilled each month!
- Use it at Nations OTC to get OTC items delivered to your doorstep at no additional cost. To learn more, visit <https://fideliscare.nationsotc.com>.



Using Your OTC Card is Easy!

Just pay for eligible health-related items using your OTC card. We will automatically refill the card to the full amount every month. No paperwork needed!

Over-the-Counter | Covered Items

Eligible over-the-counter (OTC) expenses include medications or products that help treat injuries or illness. Members enrolled in the Fidelis Dual Advantage, Fidelis Dual Advantage Flex and Medicaid Advantage Plus (003) plans receive the OTC benefit through a debit card that can be used at most chain pharmacies (for example, CVS, RiteAid, Duane Reade, Walgreens, etc.)

You can also order OTC items from Nations OTC and get them delivered to your doorstep at no additional cost. To learn more, visit <https://fideliscare.nationsotc.com>.

The OTC benefit for each plan is:

- Fidelis Dual Advantage \$25 per month
- Fidelis Dual Advantage Flex \$105 per month
- Fidelis Medicaid Advantage Plus \$125 per month

You do not need to provide a statement from a medical provider or indicate a diagnosis in order to receive reimbursement.

Covered and Non-covered Items

A list of commonly used covered items is included with this information. If you are not sure if an OTC item is covered, call Member Services at 1-800-247-1447 before you buy the item. TTY users should call 711. From October 1 to March 31, you can call us 7 days a week from 8 a.m. to 8 p.m. From April 1 to September 30, you can call us Monday through Friday from 8 a.m. to 8 p.m. A messaging system is used after hours, weekends, and on federal holidays.

Your OTC Benefit is for You Alone

Please remember that by law, you cannot buy OTC items for family members or friends. If it is discovered that you bought OTC items for family or friends, you could be required to reimburse Fidelis Care for the items you purchased, and you could face additional penalties, such as loss of your health insurance coverage and/or criminal prosecution.





Examples of Covered Items

- Acetaminophen (Tylenol)
- Acne medication
- Align
- Allergy-relief medication (antihistamines, Sudafed, Benadryl, Claritin)
- Analgesic ointment (Deep Heating rub, pain patches)
- Antacids (Gas-X, Mylanta, Prilosec OTC)
- Antibiotics - topical (Neosporin, Bacitracin)
- Aspirin
- Bandages
- Blood-pressure monitor/cuff
- Bowel prep kit
- ChapStick - medicated
- Cold-sore/blister medications (Abreva)
- Colon cleanse
- Compression stockings
- Cough/cold/flu medication/cough drops (Tylenol Cold & Flu, Advil Cold & Sinus)
- Dental care (toothbrushes, toothpaste, mouthwash, Poligrip, Orajel)
- Diabetic supplies (test strips)
- Epsom salt (anti-itch, muscle-soothing salt)
- Eye drops (allergy, lubricants)
- Eyelid wipes
- Foot care (callus removers, bunion, blister, and corn treatments)
- Hemorrhoid medications (Preparation H)
- Ibuprofen (Motrin, Advil)
- Incontinence supplies - adult diapers (Depend, Poise)
- Lactose-intolerance medications (Lactaid, Lactrase)
- Laxatives (Diocto, Dulcolax, Colace)
- Oyster Calcium
- Rash ointments (A+D ointment, Desitin, Balmex)
- Rubbing alcohol (peroxide, witch hazel)
- Smoking-cessation aids (Nicorette gum)
- Sunscreen
- Vitamins (A, B, B5, C, D, E, Biotin, Niacin)