

Your 2021 over-the-counter products catalog



Save money and stay healthy with your OTC benefit

Look inside for details and a sample list of the over-the-counter (OTC) drugs and health-related items you can buy.

Walmart 

and other participating retailers

Shop for thousands of products

With your benefit, you can purchase thousands of approved OTC health items online, by phone, and in-store. This catalog isn't even the full list of products. The online catalog includes many more items you can order for home delivery with no shipping costs.*

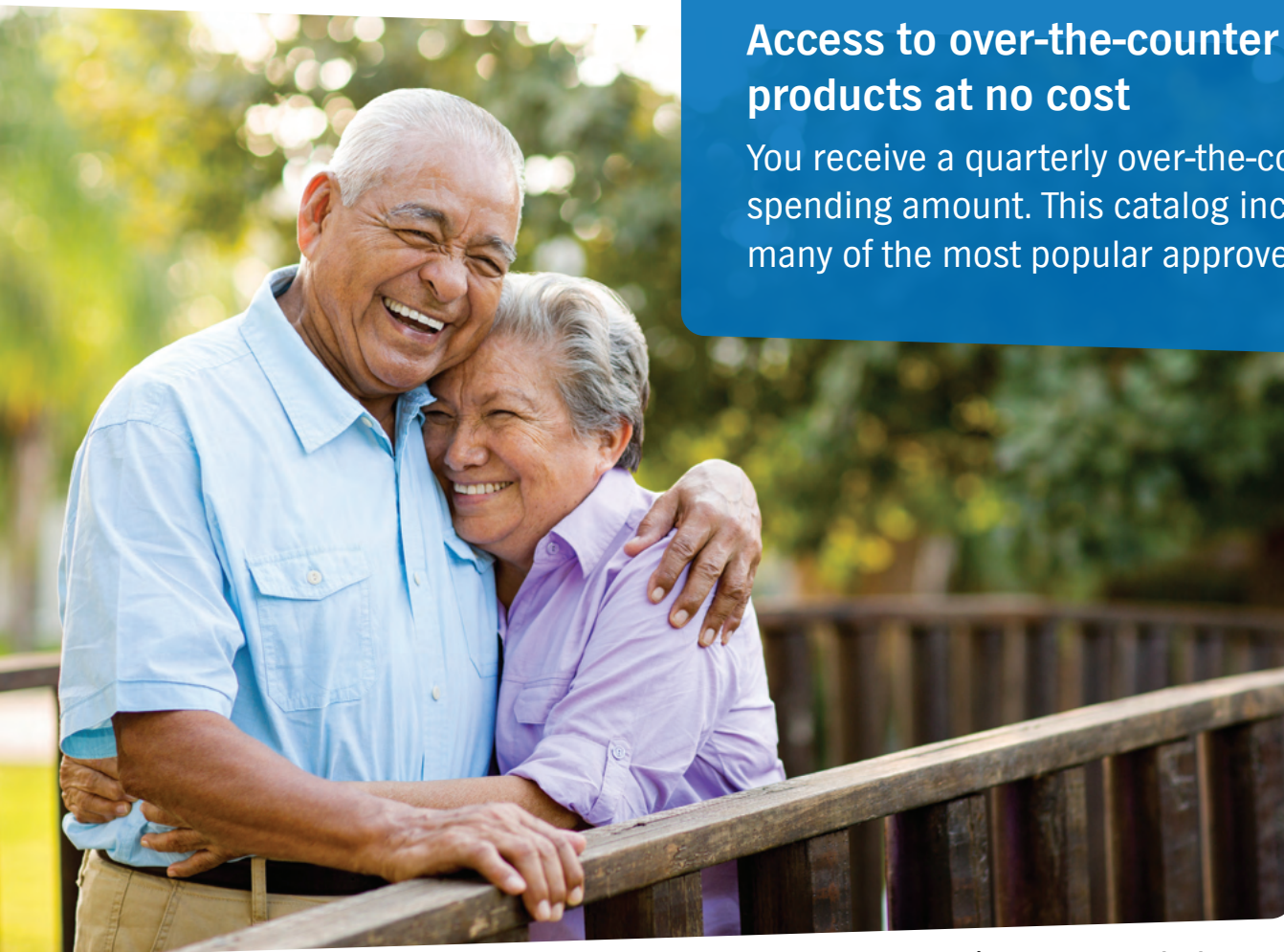
Available product categories include:

- Allergy and sinus
- Braces, support and heating pads
- Cold and flu
- Diabetes OTC
- Digestive health
- Eye and ear care
- Feminine hygiene
- First aid
- Incontinence
- Oral care
- Pain relief
- Skin and foot care
- Sleep aids
- Smoking cessation
- Vitamins and supplements



Access to over-the-counter products at no cost

You receive a quarterly over-the-counter spending amount. This catalog includes many of the most popular approved items.



* Some restrictions may apply.

Three ways to shop with your spending amount

Use this catalog, go to **HealthyBenefitsPlus.com/AnthemBCBSOTC**, or use the Healthy Benefits Plus app to find the products you want to buy.

Download the app



Healthy Benefits Plus



Online



1. Browse approved products at **HealthyBenefitsPlus.com/AnthemBCBSOTC** and select the **Buy at Walmart.com** button on the Benefits page to place your order.
2. At checkout, enter the **17-digit number** and **4-digit security code** from your OTC account card in the *Gift Card* field.

Tip: Your benefit only covers approved items. You can enter an additional form of payment to cover other items.

By phone



1. After selecting your items, call **1-866-413-2582** (TTY: **711**) and have the product name(s) and item ID(s) handy.
2. Use your **17-digit number**, **4-digit security code**, and shipping address to complete your order.

In-store



1. Go to the **Store Finder** on **HealthyBenefitsPlus.com/AnthemBCBSOTC** to find a participating store near you.
2. Visit a store to buy the items you need and scan your card or app at checkout. You can use the Healthy Benefits Plus mobile app at the store to scan an item to check if it qualifies.

Fast delivery at no cost to you when you order online or by phone

Answers to your questions

Q: How often can I shop?

A: There are no limits to how often you can shop.

Q: How do I check my spending amount balance?

A: Go to **HealthyBenefitsPlus.com/AnthemBCBSOTC** or call **1-866-413-2582** (TTY: **711**) to check your balance.

Q: Can I use my OTC benefit for items not on the website, mobile app, or in the catalog?

A: You may only use your benefit for approved OTC items listed on **HealthyBenefitsPlus.com/AnthemBCBSOTC**, within the mobile app, in the OTC catalog, or for comparable items in a retail store.

Q: Can I use my benefit for other people?

A: You may only purchase items for your use, not for family members or friends.

Q: What happens if I don't use all of my spending amount?

A: It depends on the structure of your OTC benefit. Please refer to your *Summary of Benefits* or *Evidence of Coverage* from your plan for your OTC benefit details.

Q: Can I mail or fax my orders?

A: Please do not mail or fax your order. Instead, use one of the three methods on page 3 to place your order: online, by phone, or in-store.

Q: If my order is lost or stolen, how do I request a replacement order?

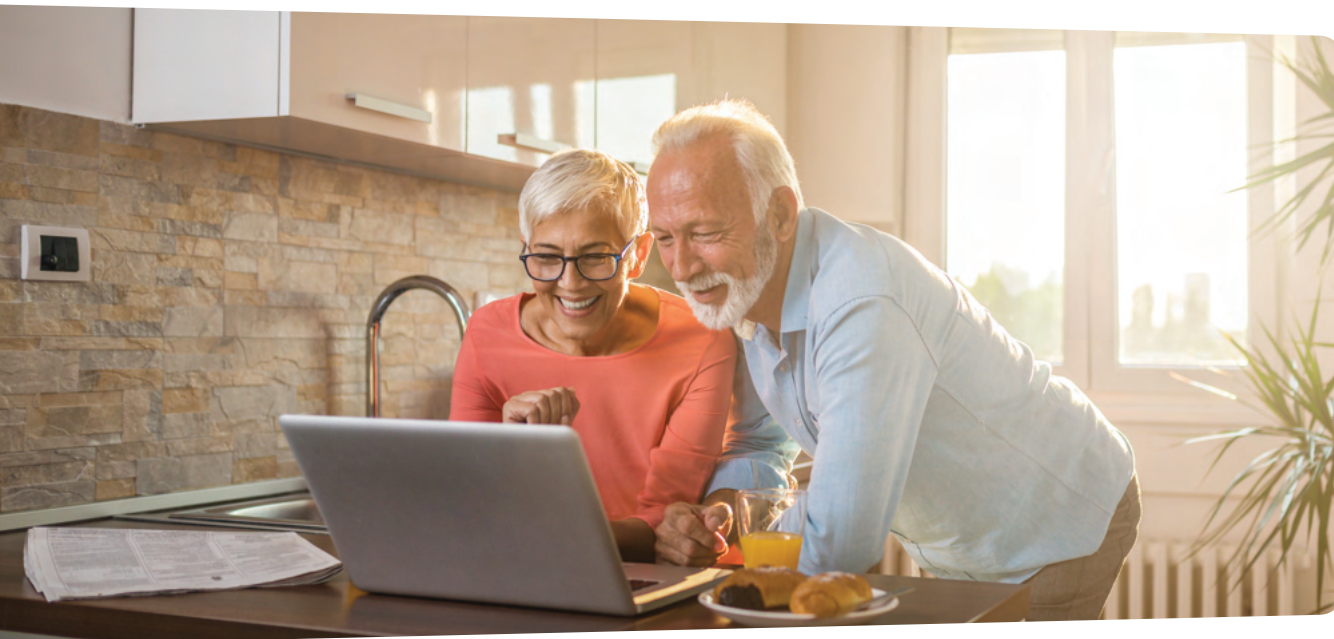
A: You may request a replacement order be mailed to you by contacting Healthy Benefits Plus Customer Service at **1-866-413-2582** (TTY: **711**).

Q: Do I pay sales tax?

A: Applicable sales tax will be added to the order total and deducted from your account balance.

Q: Do I pay for shipping costs?

A: No, all shipping costs are covered by your health plan. Once you apply your OTC benefit to your online or phone order, all shipping costs will be removed regardless of your order total.



NOTE: Product details used in this catalog came from the makers of the products. Anthem Blue Cross and Blue Shield does not endorse any of the products. Please ask your doctor for advice about your own health needs. Your doctor may choose to have you use items not listed in this catalog. Items in this catalog may change based on availability and current regulations.

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Allergy & Sinus



4 Way Fast Acting Nasal Spray for Nasal & Sinus Congestion, 1 oz

Item ID 39944497 \$6.97



Equate Vapor Inhaler, 0.007 oz

Item ID 432235217 \$3.46



Equate 24 hr Non-Drowsy Allergy Relief Loratadine Tablets 10 mg, 300 ct

Item ID 20629925 \$23.98



Equate ChlorTabs Chlorpheniramine Antihistamine Tablets, 4mg, 100 ct, 2 pk

Item ID 519540090 \$5.92

2 pack



Equate All-Day Allergy Tablets, 10 mg, 90 ct

Item ID 10898797 \$17.46



Ayr Saline Nasal Gel No-Drip Sinus Spray

Item ID 46120394 \$6.99



Equate Allergy Fexofenadine Hcl, 180 mg, 30 ct

Item ID 271274443 \$11.94



Equate Allergy Relief Fluticasone Propionate 50 mcg, 60 sprays

Item ID 181987706 \$7.48



Equate Dye Free Allergy Relief Tablets, 25 mg, 100 ct

Item ID 973332229 \$8.00

2 pack

More qualified products are available, view them on the program website or mobile app.

Bath Safety



Mainstays Rubber Bathtub Mat 18" x 36", Taupe, 2 pk

Item ID 585306257 \$14.50

2 pack



Duck 8.75 In. x .75 In. Adhesive Bathtub Treads, 90-Pack, White

Item ID 806930123 \$15.49



Duck Adhesive Bathtub Treads, 8.75" x .75", White, 90 pk

Item ID 55497496 \$8.98



Equate Bath Chair & Shower Seat with Back

Item ID 14179130 \$38.88



Equate Raised Toilet Seat Riser with Handles, White

Item ID 14179132 \$39.53



Equate Toilet Safety Rail

Item ID 568644638 \$25.88



Equate Bed and Bath Grip Bar, 11.5"

Item ID 355262006 \$11.88



Equate Bed and Bath Grip Bar, 16.5"

Item ID 560666006 \$14.88



Waterpik Powerpulse Therapeutic Massage Showerhead 6-Mode

Item ID 861067077 \$19.99

More qualified products are available, view them on the program website or mobile app.



ACE Brand Splint Wrist Brace, Reversible, Adjustable, One Size

Item ID 23598249 \$16.97



Equate Elastic One Size Wrist Support with Loop

Item ID 940451045 \$5.96

2 pack

If selected items are out of stock, substitutions may be sent to you. Prices subject to change.



ACE Brand Deluxe Thumb Stabilizer, Adjustable, Black

Item ID 244106044 \$14.94



Mueller Reversible Compression Glove, Black, One Size Fits Most

Item ID 600107436 \$7.84



Equate Adjustable Elbow Support, One Size

Item ID 347926443 \$7.92



Equate Adult Adjustable Arm Sling, One Size

Item ID 918988691 \$7.86



Equate Elastic Knee Stabilizer, S/M

Item ID 563509505 \$9.94



Equate Elastic Knee Stabilizer, L/XL

Item ID 510508434 \$9.94



Equate Deluxe Adjustable Back Brace, One Size

Item ID 374315550 \$15.97



Equate Adjustable Knee Brace, One Size

Item ID 397972356 \$10.92



Sunbeam Heating Pad with Easy-to-Use Slide Controller, Blue

Item ID 491144515 \$13.98



Sunbeam King Size Heating Pad with Easy-to-Use Slide Controller, White Plaid

Item ID 690896434 \$20.67



Sunbeam FlexTemp Joint Wrap for Pain Relief

Item ID 787771818 \$34.99



ACE Brand Plantar Fasciitis Sleep Support, Adjustable, Navy

Item ID 19898460 \$24.98



Equate Adjustable Ankle Support, One Size

Item ID 545931201 \$7.92



FUTURO Women's Trouser Socks, Mild Compression, Medium

Item ID 19898472 \$12.63



FUTURO Women's Trouser Socks, Moderate Compression, Large

Item ID 606220740 \$13.41



FUTURO Dress Socks for Men, Black, Firm Compression, Medium

Item ID 647182264 \$11.49



FUTURO Compression Socks for Men, Large

Item ID 869941167 \$11.98



FUTURO Dress Socks for Men, Black, Firm Compression, X-Large

Item ID 394530314 \$11.98



FUTURO Anti-Embolism Thigh Highs, Unisex, Moderate Compression, Medium

Item ID 19898471 \$19.97



FUTURO Anti-Embolism Thigh Highs, Unisex, Moderate Compression, Large

Item ID 19898481 \$19.97

No cost for shipping on your order. Sales tax is a required part of your order total.

Cold, Cough & Flu



Chloraseptic Sore Throat Spray, Cherry Flavor, 6 fl oz

Item ID 11047056 \$5.68



Theraflu Multisymptom Flu and Sore Throat Relief, Apple Cinnamon Flavor, 6 Powder Packets

Item ID 47300990 \$6.86



Equate Honey Lemon Cough Drops, 160 Ct

Item ID 54320956 \$3.48



Equate Maximum Strength Day & Night Sinus Caplets, 20 ct

Item ID 40816792 \$6.97



Coricidin HBP Flu Relief Tablets, High Blood Pressure, 20 ct

Item ID 17324929 \$6.44



Luden's Wild Cherry Throat Drops, 90 Drops

Item ID 40076110 \$4.26



Vicks VapoRub Cough Suppressant Chest Rub Ointment, Original, 3.53 oz

Item ID 10416120 \$8.44



Equate Mucus ER Extended-Release Tablets, 600 mg, 20 ct

Item ID 580545345 \$8.92



Advil Multi-Symptom Cold & Flu, Pain & Fever Reducer, 20 ct

Item ID 421960486 \$8.98



Equate Congestion Suphedrine PE Nasal Decongestant Tablets 10 mg, 72 ct

Item ID 22822801 \$5.98

Diabetes Management



ReliOn Orange Glucose Tabs, 50 ct, 2 pk

Item ID 527733817 \$7.00



Dr. Scholl's Women's Diabetic and Circulatory Crew Socks, Size 8-12, Black, 4 pk

Item ID 666263961 \$8.44

4 pack



Dr. Scholl's Men's Diabetes & Circulatory Crew Socks, Size 7-12, 6 pk

Item ID 967758523 \$12.98

6 pack



Equate Beauty Diabetic Lotion Dry Skin Therapy, 13 oz

Item ID 198358117 \$4.92



Dr. Scholl's Women's Diabetic & Circulatory Crew Socks, Size 4-10, Black, 4 pk

Item ID 47078855 \$8.44

4 pack



Dr. Scholl's Men's Big and Tall Diabetes & Circulatory Ankle Socks, Size 13-15, 6 pk

Item ID 108209449 \$12.98

6 pack

Digestive Health



Equate Acid Reducer Omeprazole Capsules, 20 mg, 42 ct, 3 pk

Item ID 14706053 \$14.97

3 pack



Equate Lansoprazole Frequent Heartburn Capsules, 15 mg, 42 ct

Item ID 22234400 \$13.12



Equate Omeprazole Frequent Heartburn Tablets 20 mg, 42 ct

Item ID 10324782 \$14.97



Equate Maximum Strength Acid Reducer Famotidine Tablets, 20 mg, 200 ct

Item ID 24360533 \$9.88



Equate Esomeprazole Magnesium Delayed-Release Caps, 20 mg, 42 ct, 3 pk

Item ID 8457196 \$14.97

3 pack



Equate Ultra Strength Antacid Tablets, Tropical Fruit, 160 ct, 2 pk

Item ID 837566287 \$6.98

2 pack

If selected items are out of stock, substitutions may be sent to you. Prices subject to change.

	Alka-Seltzer Original Effervescent Tablets, 72 ct	Item ID 17177011	\$8.42		Equate Extra Strength Antacid + Anti-Gas Chews, Mixed Berry, 54 ct	Item ID 54883662	\$4.78
	Equate Daily Fiber, Orange, 48.2 oz	Item ID 10423296	\$9.84		Equate Sugar Free Fiber, 16.7 oz	Item ID 12167385	\$9.34
	Equate Extra Strength Gas Relief Softgels, 125 mg, 150 count	Item ID 44662550	\$6.98		Equate Gentle Laxative Tablets, 5 mg, 100 ct	Item ID 17248343	\$4.74
	Equate ClearLAX Powder, 26.9 oz	Item ID 44807514	\$18.98		Equate Enema Saline Laxative, 4.5 fl oz, 6 ct	Item ID 118372600	\$4.38
	Equate Stool Softener Laxative Softgel, 100 mg, 400 ct	Item ID 1120327	\$9.98		Senokot Regular Strength Tablets, 50 ct	Item ID 10316525	\$11.97
	Equate Maximum Strength Laxative Tablets, 25 mg, 90 ct	Item ID 36480278	\$6.98		Fleet Glycerin Suppositories Laxative, 100 ct	Item ID 10317148	\$4.98
	Equate Natural Laxative Tablets, 8.6 mg, 100 ct	Item ID 10403743	\$4.78		Equate Regular Strength Stomach Relief Liquid, 525 mg, 16 fl oz, 2 pk	Item ID 34764454	\$4.98
	Pepto Bismol, Chewable, Original Flavor, 30 ct	Item ID 10317156	\$4.28		Equate Stomach Relief Caplets, 262 mg, 40 ct, 3 pk	Item ID 331135605	\$5.88
	Equate Fast Acting Dairy Relief Vanilla Chewable Tablets, 32 ct	Item ID 17325210	\$5.37		Equate Fast Acting Motion Sickness Relief Dimenhydrinate Tablets, 50 mg, 100 ct	Item ID 31714421	\$4.37
	Equate Loperamide HCl Anti-Diarrheal Softgels Capsules, 2 mg, 24 ct	Item ID 11997255	\$7.88		Equate Anti-Diarrheal/Anti-Gas Multi-Symptom Relief Caplets, 24 ct	Item ID 431711691	\$7.84

No cost for shipping on your order. Sales tax is a required part of your order total.

Digestive Health



Equate Hemorrhoidal Suppositories, 24 ct

Item ID 10324606 \$4.86



Equate Loperamide Hydrochloride Solution, Mint Flavor, 8 oz

Item ID 223266320 \$4.97



Equate Hemorrhoidal Ointment, 2 oz, 2 pk **2 pack**

Item ID 473125992 \$6.56



Equate Hemorrhoidal Wipe 48 ct

Item ID 439527226 \$3.42

Eye & Ear Care



Equate Lubricant Eye Drops for Dry Eye Relief, 1 oz

Item ID 10324542 \$5.94



Equate Restore Plus Lubricant Eye Drops, for Lasik Dryness, 70 ct

Item ID 279408989 \$14.84



Equate Antihistamine Eye Drops Eye Itch Relief, 0.34 oz

Item ID 34771928 \$8.96



Refresh Tears Lubricant Eye Drops, 0.5 oz

Item ID 1448 \$9.84



Lumify Redness Reliever Eye Drops, 0.25 fl oz

Item ID 128640707 \$19.97



Refresh Liquigel Lubricant Eye Gel 0.5 fl oz

Item ID 10294103 \$11.29



Equate Contact Lens Solution Cleaning & Disinfecting Lens Care System, 12 fl oz, 2 pk **2 pack**

Item ID 21002523 \$10.48

More qualified products are available, view them on the program website or mobile app.



Equate Sterile Multi-Purpose Contact Solution , 12 oz, 2 pk **2 pack**

Item ID 10324537 \$5.98



Equate Enhanced Contact Lens Cleaner, Step 1, 1 fl oz

Item ID 612154593 \$7.44



Equate Enhanced Hard Contact Lens Step 2 Conditioning Solution, 3.5 fl oz

Item ID 959889027 \$7.44



Debrox Earwax Removal Aid Drops, 0.5 fl oz

Item ID 23598026 \$5.98

Feminine Hygiene



Equate Tioconazole Ointment 6.5%, Vaginal Antifungal, 1 Dose

Item ID 10324779 \$9.97



Equate Miconazole 7 Vaginal Cream with Disposable Applicators, 1.59 oz

Item ID 10324784 \$4.97



Theraworx Protect U-PAK 60 ct Wipes and 3.4 fl oz Foam

Item ID 754873611 \$18.96

More qualified products are available, view them on the program website or mobile app.



Equate All-Purpose First Aid Kit, 140 Items

Item ID 421170443 \$9.88



Equate Antibacterial Assorted Bandages Variety Pack, 120 ct

Item ID 790375157 \$6.67

If selected items are out of stock, substitutions may be sent to you. Prices subject to change.

	Equate Flexible Antibacterial Fabric Bandages, 100 ct	Item ID 744521299	\$4.97
	Equate Smart-Flex Bandages , Assorted Sizes, 60 ct	Item ID 789746937	\$4.98
	Nexcare Tegaderm Waterproof Dressing, 2 3/8" x 2 3/4", 8 ct	Item ID 31705971	\$7.97
	Equate Sensitive Skin XL Flexible Fabric Bandages, 8 ct, 2 pk	Item ID 714481479	\$5.46
	Equate Heavy-Duty Antibacterial Fabric Bandages, 60 ct	Item ID 191616103	\$4.97
	New-Skin Liquid Bandage, 0.3 oz, 2 pk	Item ID 939153521	\$7.36
	Equate Self-Adhering 2" Elastic Bandages, 2 ct	Item ID 895262657	\$4.98
	Nexcare No Sting Liquid Bandage Spray, 0.61 fl oz	Item ID 10890126	\$7.03
	Equate Self-Adhering Sports Wrap, 4" x 2.2 yds	Item ID 406146328	\$3.74
	Equate Extra Large Surgical Dressing, 12 ct, 2 pk	Item ID 524363628	\$7.66
	ReliOn Medium Alcohol Prep Pads, 2-Ply, 200 ct, 2 pk	Item ID 911903437	\$3.74
	Equate Rolled Gauze, 3" x 2.5 yds, 5 ct	Item ID 191193830	\$4.82
	Equate Gauze Pads, 4" x 4", 25 ct	Item ID 400745681	\$4.54
	Equate Paper Tape Value Pack, 2 ct, 2 pk	Item ID 177901683	\$5.48
	Equate Triple Antibiotic First Aid Ointment, 2 oz, 2 pk	Item ID 20659621	\$3.98
	Equate Maximum Antibiotic & Pain Relief Ointment, 1 oz	Item ID 192156841	\$3.87
	Equate Hydrocortisone 1% Anti-itch Cream with Aloe, 4 oz	Item ID 20659620	\$6.98
	Equate Burn Relief Spray, 4.5 oz, 2pk	Item ID 730720150	\$7.96
	Equate Burn Relief Gel with Lidocaine, 8 oz, 2 pk	Item ID 225552526	\$7.96
	Caladryl Skin Protectant Lotion, Calamine + Itch Reliever, 6 fl oz	Item ID 46024172	\$5.47

No cost for shipping on your order. Sales tax is a required part of your order total.



Equate Bacitracin Zinc USP
Ointment, 1 oz, 2 pk

2
pack

Item ID 541182374

\$5.74



Benadryl Original Strength Itch Relief
Cream, Topical Analgesic, 1 oz

Item ID 590778789

\$7.92



Equate Extra Strength Anti-Itch
Continuous Spray, 2.7 oz, 2 pk

2
pack

Item ID 349687584

\$7.33



Equate Scar Gel, 1.76 oz

Item ID 623624778

\$9.98



Equate Jock Itch Spray, 4.6 oz

Item ID 562643280

\$3.37



Lotrimin AF Ringworm Antifungal
Treatment Cream, 0.42 oz

Item ID 46022356

\$8.92



Licefree Spray! Instant Head Lice
Treatment, 6.0 fl oz

Item ID 17325254

\$8.78



Equate 3% Hydrogen
Peroxide, 32 oz, 4 pk

4
pack

Item ID 618896366

\$3.52



Equate 91% Isopropyl Alcohol,
32 oz, 2 pk

Item ID 979211867

\$5.00



Equate Moisturizing Hand
Sanitizer, 30 fl oz, 2 pk

2
pack

Item ID 442729427

\$9.96



Hello Bello Hand Sanitizer, Unscented,
32 fl oz

Item ID 611055473

\$8.54



Wet Ones Antibacterial
Hand Wipes, 20 ct, 10 pk

10
pack

Item ID 370257790

\$14.00



Cottonelle FreshCare Flushable
Wipes, 168 ct

4
pack

Item ID 38192980

\$6.98

More qualified products are available, view them
on the program website or mobile app.



Charmin Flushable Wipes,
160 ct

4
pack

Item ID 378202485

\$8.25



Q-tips Cotton Swabs Original, 2000 ct

Item ID 28826865

\$11.48



Equate First Aid Iodine Antiseptic, 8 fl
oz

Item ID 236247392

\$6.24



Equate Beauty Jumbo Cotton Balls,
400 ct

Item ID 280043267

\$3.68



Aveeno Soothing Bath Treatment with
Natural Colloidal Oatmeal, 8 ct

Item ID 10294061

\$6.97



Dr Teal's Pure Epsom Salt Therapeutic
Soak, 6 lbs

Item ID 17325251

\$4.97

If selected items are out of stock, substitutions may
be sent to you. Prices subject to change.

First Aid	 <p>Equate Multi-Purpose Hot or Cold Gel Bead Pack</p> <p>Item ID 872327 \$5.94</p>	 <p>Equate Reusable Hot or Cold Therapy Water Bottle, 2 qt</p> <p>Item ID 649292983 \$6.88</p>
	 <p>Equate Hot or Cold Small Compress</p> <p>Item ID 704206169 \$5.98</p>	<p>More qualified products are available, view them on the program website or mobile app.</p>
Foot Care	 <p>Equate Medicated Body Powder, 10 oz</p> <p>Item ID 229060082 \$3.96</p>	 <p>Magnilife DB Diabetes Pain Relieving Foot Cream, 4 oz</p> <p>Item ID 46342073 \$14.88</p>
	 <p>Kerasal Fungal Nail Renewal Treatment, .33 oz</p> <p>Item ID 21089500 \$18.86</p>	 <p>Equate Athlete's Foot Antifungal Cream, 2 oz</p> <p>Item ID 10324685 \$5.98</p>
	 <p>Equate Athlete's Foot Powder Spray, 4.6 oz, 2 pk</p> <p>Item ID 185171508 \$7.37</p>	 <p>Equate Wart Freezer, 8 Applications</p> <p>Item ID 276255221 \$12.94</p>
	 <p>Equate Maximum Strength One-Step Wart Remover Strips, 14 ct, 2 pk</p> <p>Item ID 629942615 \$8.69</p>	 <p>Equate Maximum Strength Liquid Wart Remover, 0.31 fl oz, 2 pk</p> <p>Item ID 933511911 \$6.27</p>
	 <p>Equate Super Moleskin Padding Sheets, 3 ct, 4 pk</p> <p>Item ID 261863039 \$5.92</p>	 <p>Dr. Scholl's Corn Removers, 9 Cushions, 9 Medicated Discs, 2 pk</p> <p>Item ID 642978875 \$6.75</p>
	 <p>Equate Gel Bunion Guard, 2 pk</p> <p>Item ID 432586228 \$6.80</p>	 <p>Equate Hammer Toe Gel Cushions, 2 pk</p> <p>Item ID 101614746 \$3.78</p>
Health Monitors & Medication Aids	 <p>Equate Double Row 7 Day Planner</p> <p>Item ID 755395012 \$3.98</p>	 <p>Equate Single Row 7 Day Planner, Push Button</p> <p>Item ID 772576791 \$2.48</p>
	 <p>Equate Pill Crusher</p> <p>Item ID 583961970 \$4.78</p>	 <p>Equate 4 Row Medication Planner</p> <p>Item ID 484050600 \$6.88</p>
	<p>No cost for shipping on your order. Sales tax is a required part of your order total.</p>	

Health Monitors & Medication Aids



Equate Pill Splitter

Item ID 583945320 \$3.98



Equate Fingertip Pulse Oximeter

Item ID 985475712 \$38.98



Equate 4000 Series Upper Arm Blood Pressure Monitor

Item ID 477827819 \$28.44



Equate Temple Touch 6-Second Digital Thermometer

Item ID 130045286 \$12.88

Incontinence



Equate Options Incontinence Liners for Women, Very Light, Long, 48 ct

Item ID 300651130 \$3.46



Equate Options Incontinence Pads for Women, Light, Regular, 34 ct

Item ID 365085447 \$3.46



Equate Options Incontinence Pads for Women, Moderate, Long, 60 ct

Item ID 999921551 \$8.97



Equate Assurance Maximum Absorbency Premium Quilted Underpad, XL, 30 ct

Item ID 167121557 \$15.74



Assurance Incontinence Underwear for Women, Maximum, X-Small, 24 ct, 4 pk

Item ID 45205361 \$31.71

4 pack



Assurance Incontinence Underwear for Women, Maximum, S/M, 60 ct

Item ID 28826870 \$21.62



Assurance Incontinence Underwear for Women, Maximum, Large, 54 ct

Item ID 28826871 \$21.62



Assurance Incontinence Underwear for Women, Maximum, X-Large, 64 ct

Item ID 344473431 \$25.13



Assurance Incontinence Underwear for Women, Maximum, XX-Large, 28 ct

Item ID 460729442 \$12.68



Equate Assurance Underwear for Men, Maximum, S/M, 40 ct

Item ID 28848303 \$15.74



Assurance Underwear for Men, Maximum, L/XL, 36 ct

Item ID 28538879 \$15.74



Assurance Male Guard, 104 ct

Item ID 609409760 \$12.34



Assurance Premium Disposable Washcloths, XL, 144 ct

Item ID 24360534 \$6.97



Equate Baby Diaper Rash Paste with 40% Zinc Oxide, 16 oz

Item ID 21092569 \$7.97

Oral Care



Equate Infinity Rechargeable Electric Toothbrush with 2 Replacement Brush Heads

Item ID 50018582 \$17.86



Equate Easyflex Total Power Replacement Toothbrush Heads, 3 ct

Item ID 16932295 \$15.93



Equate Multi Level Soft Orbit Toothbrush, 4 ct

Item ID 767829387 \$4.47



Equate Denture Brush with Deep Clean Pick, 1 ct, 2 pk

Item ID 542815818 \$4.79

2 pack

If selected items are out of stock, substitutions may be sent to you. Prices subject to change.



Colgate Max Fresh Toothpaste with Mini Breath Strips, Cool Mint, 6 oz, 3 ct

Item ID 49081565 \$5.92



Crest Pro Health Advanced Deep Clean Toothpaste, Mint, 5.1 oz, 3 pk

Item ID 845641496 \$9.97



Waterpik Cordless Express Portable Water Flosser

Item ID 54218143 \$39.97



Plackers Micro Mint Dental Floss Picks, 300 ct

Item ID 394522932 \$6.48



Biotene Gentle Mint Moisturizing Mouth Spray, Sugar-Free, 1.5 oz

Item ID 10448044 \$6.33



Equate Mint Fresh Antibacterial Denture Cleanser Tablets 120 ct, 2 pk

Item ID 35019168 \$5.96



Super Poligrip Original Formula Zinc Free Denture Adhesive Cream, 2.4 oz, 3 pk

Item ID 481336870 \$12.88

3 pack



Sea Bond Secure Denture Adhesive Seals for Upper Dentures, 30 ct

Item ID 10997250 \$5.97



Equate Maximum Strength Sensitive Extra Whitening Toothpaste with Fluoride, 4 oz

Item ID 49943235 \$3.47



Orabrush Tongue Cleaner by DenTek, 1 ct

Item ID 20854725 \$4.47



Equate Extra Comfort Mint Dental Floss, 40m, 2 ct

2

Item ID 35230562 \$4.27



Dentek Easy Brush Interdental Cleaners, Tight Teeth, Mint Flavor, 48 Count, (3 Pack of 16 Each)

Item ID 496097799 \$11.19



TheraBreath Dry Mouth Lozenges, 165g, 100 ct

Item ID 40720830 \$11.98



Fixodent Complete Original Denture Adhesive Cream, 2.4 oz, 3 pk

Item ID 55063164 \$11.94



Sea Bond Secure Denture Adhesive Seals for Lower Dentures, 30 ct

Item ID 10997251 \$5.97



Equate Extra Comfort Rest Assured Dental Nite Protector, 2 ct

Item ID 133327070 \$14.47



Ready In Case Acetaminophen 500mg Caplet, 100 ct

Item ID 632092679 \$5.97



Equate Extra-Strength Acetaminophen Rapid Release Gelcaps, 500 mg, 225 ct

Item ID 652312238 \$9.97



Equate Acetaminophen Extended-Release Tablets, 650 mg, Arthritis Pain 100 ct

Item ID 31714419 \$5.98



Advil Dual Action with Acetaminophen, 72 Caplets

Item ID 527048050 \$9.48



Tylenol Regular Strength Tablets with Acetaminophen, 325 mg, 100 ct

Item ID 10294210 \$6.97



Equate Ibuprofen Tablets, 200 mg, 500 ct, 2 pk

2 pack

Item ID 20629922 \$6.79

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Equate Ibuprofen and Diphenhydramine Citrate Tablets, Pain Reliever/Nighttime Sleep-Aid, 200 mg/38 mg

Item ID 12444646 \$7.86



Equate Ibuprofen Mini Softgels, 200 mg, 300 ct

Item ID 841902147 \$14.98



Equate Adult Low Dose Aspirin Enteric Coated Tablets, 81 mg, 500 ct, 2 pk 2 pack

Item ID 22822797 \$5.97



Equate Low Dose Aspirin Orange Chewables, 81 mg, 36 Ct, Triple Pack, 2 pk 2 pack

Item ID 276173286 \$4.96



Genuine Bayer Aspirin Pain Reliever/ Fever Reducer Coated Tablets, 325 mg, 200 ct

Item ID 12444552 \$9.84



Bayer Back and Body Extra Strength Pain Reliever Aspirin with Caffeine Coated Tablets, 500 mg, 200 ct

Item ID 39778888 \$13.32



BC Aspirin Pain Relief Powder, 50 ct

Item ID 23598023 \$5.86



Equate Extra Strength Headache Relief Caplets, 250 mg, 100 ct, 2 pk

Item ID 44665730 \$4.00



Equate Extra Strength Headache Relief Acetaminophen Tablets, 200 ct

Item ID 946948602 \$4.00



Equate All Day Pain Relief Naproxen Sodium Liquid Gels, 220mg, 120 ct

Item ID 575076777 \$11.38



Aleve PM Soft Grip Arthritis Cap Pain Reliever/Nighttime Sleep-Aid Naproxen Sodium Caplets, 220 mg, 80 ct

Item ID 43331199 \$12.67



Equate Maximum Strength Menstrual Complete Caplets, 40 ct, 2 pk 2 pack

Item ID 243101223 \$5.27



Aspercreme with Lidocaine Maximum Strength Pain Relief Cream, 4.7 oz

Item ID 115242356 \$9.98



Orajel 4X Medicated For Toothache & Gum Cream, .33 oz

Item ID 11148252 \$7.48



Equate Maximum Strength Pain Relief 4% Lidocaine HCl/Topical Analgesic Roll-On Cream, 2.5 fl oz

Item ID 253155134 \$4.94



Equate Extra Strength Cool & Heat Medicated Patch, 5 ct

Item ID 17056909 \$4.78



Biofreeze Cold Therapy Pain Relief Roll-On, 2.5 fl oz

Item ID 185197840 \$11.98



Biofreeze Pain Reliever Gel, Menthol, 3 oz

Item ID 100692660 \$11.98



Theraworx Relief Muscle Cramp and Spasm Relief Foam, 7.1 fl oz

Item ID 436094803 \$18.96



Theraworx Relief Fast Acting Spray for Leg Cramps, Foot Cramps and Muscle Soreness, 7.1 oz

Item ID 294881697 \$18.96



Blue-Emu Original Topical Cream, 4 oz

Item ID 10313101 \$12.48



Tiger Balm Ultra Strength Pain Relieving Ointment Non-Staining, 18 gm

Item ID 26971669 \$5.68

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Voltaren Topical Arthritis Pain Relief Gel, 5.3 oz

Item ID 224979534 \$22.47



Equate Maximum Strength Lidocaine Pain Relieving Patch, 6 ct

Item ID 121592299 \$6.98



ThermaCare Lower Back HeatWrap L/XL

Item ID 12444543 \$5.94



ThermaCare Advanced Neck Pain Therapy Heatwraps, 3 ct

Item ID 12444544 \$5.94



Icy Hot No Mess Applicator, 2.5 oz

Item ID 13263176 \$5.48



Icy Hot Pain Relieving Cream Extra Strength, 3 oz

Item ID 23597994 \$4.96



Neutrogena Oil-Free Acne Facial Cleanser, 9.1 fl oz

Item ID 10308600 \$6.67



Clean & Clear 2% Salicylic Acid Spot Treatment Serum, .75 oz

Item ID 10801429 \$6.47



Biore Witch Hazel Pore Clarifying Toner, 8 oz

Item ID 575700658 \$6.47



GOLD BOND® Ultimate Rough & Bumpy Skin Daily Therapy Cream, 8 oz

Item ID 38552032 \$9.48



Equate Beauty Advanced Healing Ointment, 14 oz

Item ID 14520420 \$9.92



Eucerin Advanced Repair Body Lotion, 16.9 fl oz

Item ID 10811050 \$9.54



Vaseline Petroleum Jelly Original, 13 oz, 2 ct

Item ID 322019371 \$8.34



Blistex Medicated Lip Balm SPF 15, 3 ct

Item ID 17324886 \$2.84



Equate Docosan 10% Cream, 0.07 oz

Item ID 958197545 \$12.98



OFF! Deep Woods Insect Repellent V, 9 oz, 2 ct

Item ID 143018209 \$11.97



Derma E Tea Tree & Vitamin E Antiseptic Cream, 4 oz

Item ID 26960807 \$11.96



Equate Ultra Sunscreen Broad Spectrum Lotion, SPF 50, 16 fl oz

Item ID 234724371 \$7.48



Equate Beauty Ultra Light Sunscreen Stick, SPF 70, 1.5 oz

Item ID 671289294 \$4.48



Neutrogena Ultra Sheer Dry Touch Water Resistant Sunscreen SPF 100+, 3 fl oz

Item ID 13274441 \$8.97



Equate After Sun Soothing Gel with Aloe, 20 oz, 3 pk

Item ID 870151635 \$11.19

3 pack

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Sleep & Snoring



Spring Valley Fast Dissolve Melatonin Tablets, 5 mg, 120 ct

Item ID 40711581 \$5.94



Spring Valley Fast Dissolve Melatonin Tablets, 10 mg, 120 ct

Item ID 35912856 \$8.88



Equate Maximum Strength Sleep Aid Softgels, 100 ct

Item ID 922217389 \$9.87



Equate Extra Strength Tan Nasal Strips, 26 ct

Item ID 36817817 \$6.97

Smoking Cessation



Equate Uncoated Nicotine Polacrilex Gum, 2 mg, Original Flavor, 220 ct

Item ID 353246079 \$39.98



Equate Uncoated Nicotine Polacrilex Gum, 4 mg, Original Flavor, 220 ct

Item ID 100312138 \$39.98



Equate Nicotine Transdermal System Step 1 Clear Patches, 21 mg, 14 ct

Item ID 12556780 \$25.98



Equate Nicotine Transdermal System Step 2 Clear Patches, 14 mg, 14 ct

Item ID 12556782 \$25.98



Equate Nicotine Transdermal System Step 3 Clear Patches, 7 mg, 14 ct

Item ID 12444642 \$25.98

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Vitamins & Supplements



Equate Complete Multivitamin Tablets, Women 50+, 200 ct

Item ID 46521544 \$11.88



Equate Complete Multivitamin Tablets, Men 50+, 200 ct

Item ID 46707147 \$11.88



Vitafusion MultiVites Gummy Vitamins, 150 ct

Item ID 22288718 \$9.88



Spring Valley Vitamin A Softgels, 2400 mcg, 250 ct

Item ID 893197 \$3.96



Spring Valley Super B-Complex Tablets, 250 ct

Item ID 40775780 \$7.88



Vitafusion Vitamin B12 Gummy Supplement, 1000 mcg, 140 ct

Item ID 552345207 \$9.88



Spring Valley Vitamin B12 Tablets, 2500 mcg, 120 ct

Item ID 24547733 \$7.88



Spring Valley Vitamin C Tablets with Rose Hips, 1000 mg, 250 ct

Item ID 10315364 \$8.88



Vitafusion Power C Gummy Vitamins, 164 ct

Item ID 322540413 \$9.88



Emergen-C Super Orange, 1000 mg, 30 ct

Item ID 12158219 \$9.97



Spring Valley Vitamin D3 Softgels, 2000 IU, 200 ct, 2 pk

Item ID 14711345 \$8.88




















2 pack



Spring Valley Vitamin D3 Softgels, 5000 IU, 250 ct

Item ID 19758123 \$7.88

If selected items are out of stock, substitutions may be sent to you. Prices subject to change.

	Spring Valley Vitamin E Softgels, 400 IU, 500 ct Item ID 10324579 \$11.88		Spring Valley Calcium 600 mg plus Vitamin D3 20 mcg Coated Tablets, 250 ct Item ID 893256 \$5.94
	Viactiv Calcium + Vitamin D3 Supplement Soft Chews, Caramel, 100 Chews Item ID 493843079 \$9.66		Caltrate Bone Health 600+D3 Chocolate Calcium Soft Chews, 60 ct Item ID 15544073 \$7.97
	Equate Calcium Citrate+D3 Petites Tablets, 200 ct Item ID 24681635 \$6.98		Nature Made Iron Tablets, 65 mg, 190 ct Item ID 147192724 \$4.88
	Spring Valley Iron Tablets, 27 mg, 250 ct Item ID 10898775 \$4.88		Spring Valley Beta Carotene Softgels, 25000 IU, 100 ct, 2 pk 2 pack Item ID 219756987 \$7.68
	Spring Valley Magnesium Dietary Supplement Caplets, 400 mg, 250 ct Item ID 35912859 \$8.88		Spring Valley Biotin Softgels, 10,000 mcg, 120 ct Item ID 24547739 \$7.88
	Spring Valley Biotin Softgels, 5000 mcg, 240 ct Item ID 19758124 \$8.88		Spring Valley CoQ10 Rapid Release Softgels, 100 mg, 60 ct, 2 pk 2 pack Item ID 10316866 \$13.88
	Nature Made Folic Acid, 400 mcg, 250 ct Item ID 15754154 \$7.26		Spring Valley CoQ10 plus L-Carnitine Softgels, 100 mg, 50 ct Item ID 11997253 \$8.88
	Osteo Bi-Flex® Triple Strength w/Vitamin D, 80 ct, 2 pk 2 pack Item ID 24547765 \$29.84		Spring Valley Glucosamine Chondroitin Tablets, 1500 mg, 40 ct Item ID 21289134 \$10.74
	Spring Valley Lutein with Zeaxanthin Softgels, 20 mg, 90 ct Item ID 10324590 \$13.48		Nature's Bounty Fish Oil Omega-3 Softgels, 1200 mg, 120 ct Item ID 24547761 \$8.99
	Spring Valley Omega-3 Fish Oil Softgels, 500 mg, 180 ct Item ID 180792347 \$9.88		Spring Valley Omega-3 Fish Oil Softgels, 1000 mg, 300 ct Item ID 396031230 \$13.88
	Spring Valley Flaxseed Oil, 1000 mg, 200 ct Item ID 604802276 \$7.88		Equate Maximum Strength Menopause Support Caplets, 28 ct Item ID 403598924 \$10.98

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Equate Prostate Health Beta Plus Dietary Supplement, 60 ct

Item ID 266772530 \$19.96



Lipo-Flavonoid Plus Ear Health Supplement, 100 ct

Item ID 47041384 \$24.86



Equate Vision Formula 50+ Softgels, 50 ct

Item ID 24681640 \$6.98



Spring Valley L-Arginine Capsules, 500 mg, 50 ct, 2 pk

2 pack

Item ID 872314 \$5.94



Neuriva Plus, Brain Performance Supplement, 30 ct

Item ID 906497369 \$39.92



PreserVision AREDS 2 Formula Softgels, 140 ct

Item ID 135526423 \$30.97



Spring Valley L-Carnitine Capsules, 500 mg, 30 ct

Item ID 665079462 \$7.49



Spring Valley L-Lysine Tablets, 1000 mg, 100 ct

Item ID 487492077 \$6.99



alli Diet Weight Loss Supplement Pills, Orlistat, 60 mg, 60 ct

Item ID 503054110 \$39.94



Spring Valley Chromium Tablets, 1,000 mcg, 100 ct

Item ID 730201398 \$7.88



Spring Valley Garcinia Cambogia Dietary Supplement, 180 ct

Item ID 46342031 \$11.88

More qualified products are available, view them on the program website or mobile app.



Diurex Ultra Re-Energizing Water Pills, 80 ct

Item ID 11994726 \$7.96



ozeri ZK14 Pronto Digital Multifunction Kitchen and Food Scale, Black on Silver

Item ID 37531705 \$14.50

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This catalog provides general information about items that may be available for purchase with your OTC benefit. The information in this catalog is for your convenience only and is not medical or health advice. The inclusion of an item in this catalog does not constitute a recommendation or endorsement of the item by your health plan. Your health plan is not responsible for the accuracy or completeness of the information contained in the catalog. Some items may be covered under Medicare Part B or Part D. For instance, gauze may be covered under Part B when used for dressing a wound. Items that are covered under Medicare Part B or Part D may not be purchased with your OTC benefit. Contact your health plan for questions about coverage for specific items.

* Dual-purpose items. A dual-purpose item is one that can be used for a health problem or for a general-purpose. Things like vitamins are dual-purpose items. Talk to your doctor and your health plan before buying a dual-purpose product. Do not buy a dual-purpose product if your doctor or your health plan doesn't agree. If your doctor and your health plan do agree, you may buy the item(s) through your OTC benefit. Dual-purpose products are marked with an asterisk (*).

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How to start enjoying your benefit

Activate your card by calling toll free at **1-833-832-7306** (TTY: 711) 24/7, or online at **activates3.com**. You will be able to purchase approved items with your card after your benefit start date. Your 2021 spending amount expires on December 31.

Use the **17-digit number** and **4-digit security code** on the back of your OTC card in the *Gift Card* field at checkout when placing an order online.



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