

# Over-the-Counter Health & Wellness Products

## 2022 Catalog and Order Form

**This is the 2022 catalog and order form!** Use this to submit your next order if requesting by mail.

Your health and wellness allowance amount may have changed for 2022. Please contact customer service or check your **2022 Summary of Benefits** to determine your benefit amount. This can be done by signing into **MyHumana** and clicking "**Documents and Forms**" under Member Support.

**Please note:** when ordering multiple products, depending on the items you order, you may receive your products in multiple shipments.

**Humana**<sup>®</sup>

# 2022 Over-the-Counter (OTC) Health and Wellness Product Order Form

Your current plan may have an over-the-counter benefit that would allow you to purchase OTC health and wellness products from Humana Pharmacy. To verify your 2022 Health and Wellness allowance, please contact customer service or check your Summary of Benefits.

Keep this catalog somewhere accessible. You'll need this to look up the health and wellness products you want to order.

For MAPD members

The easiest and most convenient way to order 24/7



**Mobile App:** Order your OTC products whenever and wherever you'd like with the Humana Pharmacy Mobile app, directly from your mobile device.



**Online:** Sign in to **HumanaPharmacy.com** and select "Over-the-Counter (OTC) items" from the "Shop OTC & Supplies" drop-down at the top of the page.

For all members



**Mail:** Fill out the OTC Health and Wellness Product Order Form and mail only the order form pages to:  
Humana Pharmacy  
P.O. Box 1197  
Cincinnati, OH 45201-1197

*Due to added time to receive your request by mail, we encourage you to allow extra time when placing your order. If you have a monthly allowance, submit your order by the 20th of each month. If you have a quarterly allowance, submit your order by the 20th of your allowance period. Last month of quarters are March, June, September, and December.*

**Fax:** Fill out the OTC Health and Wellness Product Order Form and fax only the order form pages to Humana Pharmacy at: 800-379-7617.

## Using your OTC Account

If your order exceeds your plan's allowance, please include your check, money order, or enter your credit card information to pay the remaining amount due. Balances higher than the allowance amount will have sales tax applied. **Failure to submit payment in full will lead to items being cancelled to bring your order total at or below your benefit allowance. Please be sure to provide your payment information each time you order over your allowance amount.**



If you have a plan that includes **rollover allowance**, your unused balance will carry over to your next month or quarter and expire on Dec. 31, 2022. If you have a plan that does not include a rollover allowance, your allowance will need to be used within each month or quarter, depending on your plan—any unused allowance will not roll over.

If you have an **OTC card**, you will need to activate your card before using. Eligible members can call 1-888-682-2400 (TTY: 711), 24 hours a day, 7 days a week, or visit <https://www.otcnetwork.com/Member/Account/LoginCardNo> to activate your card and check your balance. Card activation requires you to enter your OTC card number and Humana member ID number.



Call Humana Pharmacy at **855-211-8370 (TTY: 711)** if you have questions about how to use this benefit at Humana Pharmacy. Customer Care representatives are available Monday - Friday, 8 a.m. - 11 p.m. and Saturday, 8 a.m. - 6:30 p.m., Eastern time.

# 2022 Humana Health and Wellness Product Order Form



991



## MEMBER INFORMATION

Member ID (found on Humana ID card)

Date of Birth

Gender

 Male  
 Female

First Name

Last Name

MI

Street Number

Street Name

Apt/Suite #

Urbanization Code (for Puerto Rico addresses only)

City

State

Zip Code

Daytime Phone

Evening Phone

Please check box if this is a new address:

During which month would you like to receive this order?

If a month is not selected, your order will be processed the month your request is received.

## PAYMENT INFORMATION (if applicable)

If your total order is less than your plan's allowance, you DO NOT need to include payment and you will receive the items you ordered. If your order exceeds your plan's allowance, please include your check, money order, or enter your credit card information below to pay the remaining amount due. **Failure to submit payment in full will lead to items being cancelled to bring your order total at or below your benefit allowance. Please be sure to provide your payment information each time you order over your allowance amount.**

Please make checks payable to "Humana Pharmacy". Please do not send cash.

To pay by credit card, please complete the following:

Credit/Debit Card #

Exp. Date

Cardholder First Name

Cardholder Last Name

Cardholder Signature:

Orders will be shipped to your home by UPS or the US Postal Service at no extra charge to you. Please allow 10 to 14 business days for processing from the time Humana Pharmacy receives your order. **Orders may be split into multiple shipments.** You'll receive a generic comparable to the name-brand product. This product list is subject to change - the most up to date product list is available on **HumanaPharmacy.com**. If a product is unavailable or not in stock, it may be substituted for a similar product at no additional charge. The brand name product may also be sent. **Humana Pharmacy reserves the right to limit the quantities of OTC medications and supplies dispensed.** Please check with your healthcare provider before taking OTC medicines. Some items may vary depending on manufacturer (for example: caplets, tablets, capsules or soft gels may be substituted for one another). Returns or refunds are not accepted for items that were properly dispensed.

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Member ID (found on Humana ID card)

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Date of Birth

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991A



First name

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Last name

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**PRODUCT SELECTION**

\*Write in the quantity of the product you would like to receive, not the package size listed in catalog.

| Product Code          | Product Name             | Quantity* | Price |
|-----------------------|--------------------------|-----------|-------|
| <i>Example:</i> 0 1 6 | Aspirin Low Dose 81mg EC | 1         | \$6   |
| 1 OTC □□□             | _____                    | □         | _____ |
| 2 OTC □□□             | _____                    | □         | _____ |
| 3 OTC □□□             | _____                    | □         | _____ |
| 4 OTC □□□             | _____                    | □         | _____ |
| 5 OTC □□□             | _____                    | □         | _____ |
| 6 OTC □□□             | _____                    | □         | _____ |
| 7 OTC □□□             | _____                    | □         | _____ |
| 8 OTC □□□             | _____                    | □         | _____ |
| 9 OTC □□□             | _____                    | □         | _____ |
| 10 OTC □□□            | _____                    | □         | _____ |
| 11 OTC □□□            | _____                    | □         | _____ |
| 12 OTC □□□            | _____                    | □         | _____ |
| 13 OTC □□□            | _____                    | □         | _____ |
| 14 OTC □□□            | _____                    | □         | _____ |
| 15 OTC □□□            | _____                    | □         | _____ |

To order by mail, send the completed Humana Health and Wellness Product Order Form page along with payment (if applicable) to:  
Humana Pharmacy  
P.O. Box 1197  
Cincinnati, OH 45201-1197

Your total order amount \$ \_\_\_\_\_  
Humana allowance \$ \_\_\_\_\_  
Total remaining amount due \$ \_\_\_\_\_

Balances higher than the allowance amount will have sales tax applied

# Over-the-Counter (OTC) Health and Wellness Product Catalog

## Antacid, Anti-Diarrheal and Laxatives

| Product code | Product name  | Compare to                                 | Package count | Price   |
|--------------|---|--|---------------|---------|
| 032          | Antacid/Anti-Gas Liquid   | Mylanta®                                   | 12 oz.        | \$8.00  |
| 318          | Anti-Diarrheal Caplets-<br>Loperamide 2 mg                            | Imodium® A-D                               | 24            | \$7.00  |
| 031          | Anti-Hemorrhoidal Ointment  | Preparation H®                             | 2 oz.         | \$7.00  |
| 093          | Bisacodyl 5 mg  | Dulcolax®                                  | 25            | \$7.00  |
| 203          | Calcium Carbonate Antacid-<br>Regular Strength                        | Tums® Regular Strength                     | 150           | \$7.00  |
| 116          | Dairy Digestive Supplement-<br>Lactase Enzyme                         | Lactaid® Tablets                           | 60            | \$10.00 |
| 215          | Effervescent Antacid & Pain Relief                                    | Alka-Seltzer®                              | 36            | \$8.00  |
| 323          | Esomeprazole 20 mg  | Nexium® 24HR                               | 28            | \$17.00 |
| 320          | Extra Strength Gas Relief Soft-Gels                                   | Gas-X® Extra Strength                      | 48            | \$8.00  |
| 261          | Famotidine 20 mg  | Pepcid® 20 mg                              | 25            | \$8.00  |
| 415          | Fiber Gummies   | VitaFusion™ Fiber Well Gummies             | 90            | \$16.00 |
| 208          | Fiber Laxative Tablets  | FiberCon®                                  | 90            | \$9.00  |
| 503          | Glycerin Suppositories  | Fleet®                                     | 25            | \$7.00  |
| 216          | Hemorrhoidal Suppositories  | Preparation H® Suppositories               | 12            | \$7.00  |
| 504          | Laxative (Bisacodyl) 10mg<br>Suppositories                            | Laxative (Bisacodyl) 10mg<br>Suppositories | 12            | \$7.00  |
| 505          | Meclizine 25 mg   | Bonine®                                    | 100           | \$8.00  |
| 358          | Medicated Hemorrhoidal Pads   | Tucks® Pads                                | 100           | \$8.00  |
| 033          | Milk of Magnesia- Laxative/Antacid                                    | Phillips® Milk of Magnesia                 | 12 oz.        | \$7.00  |
| 120          | Motion Sickness Tablets-<br>Dimenhydrinate 50 mg                      | Dramamine®                                 | 12            | \$6.00  |
| 351          | Nausea Relief Liquid  | Emetrol®                                   | 4 oz.         | \$7.00  |
| 112          | Omeprazole 20 mg  | Prilosec OTC®                              | 14            | \$10.00 |
| 115          | Pink Bismuth- Chewable Tablets  | Pepto-Bismol® Chewable Tablets             | 30            | \$7.00  |
| 264          | Polyethylene Glycol 3350  | MiraLAX®                                   | 8.3 oz.       | \$10.00 |
| 258          | Psyllium Fiber Laxative Capsules                                      | Metamucil® Capsules                        | 160           | \$11.00 |
| 359          | Psyllium Fiber Supplement Orange<br>Smooth Texture Powder             | Metamucil®                                 | 13 oz.        | \$10.00 |
| 360          | Psyllium Fiber Supplement Orange<br>Smooth Texture Powder- Sugar Free | Metamucil® Sugar Free                      | 10 oz.        | \$9.00  |
| 233          | Senna Laxative Tablets  | Senokot®                                   | 100           | \$10.00 |
| 101          | Stool Softener Capsules   | Colace®                                    | 100           | \$7.00  |

You'll receive a generic comparable to the name-brand product. This list is subject to change.

## Bath Safety

| Product code | Product name                            | Compare to                                      | Package count | Price   |
|--------------|---|---|---------------|---------|
| 416          | Adjustable Transfer Bench**             | Drive Medical Adjustable Transfer Bench         | 1             | \$80.00 |
| 417          | Bath Bench with Arms and Back**         | Essential Medical Supply Shower Bench with Back | 1             | \$60.00 |
| 418          | Bath Bench with Arms, No Back**         | Essential Medical Supply Shower Bench           | 1             | \$50.00 |
| 371          | Bath Mat**                              | Bath Mat  | 1             | \$12.00 |
| 491          | Grab Bar, Knurled Chrome, 12"           | Grab Bar, Knurled Chrome, 12"                   | 1             | \$15.00 |
| 492          | Grab Bar, Knurled Chrome, 24"           | Grab Bar, Knurled Chrome, 24"                   | 1             | \$18.00 |
| 493          | Grab Bar, Knurled Chrome, 32"           | Grab Bar, Knurled Chrome, 32"                   | 1             | \$22.00 |
| 494          | Handheld Shower                         | Handheld Shower                                 | 1             | \$22.00 |
| 372          | Raised Toilet Seat- 250 lbs. capacity** | Raised Toilet Seat- 250 lbs. capacity           | 1             | \$25.00 |
| 420          | Toilet Safety Rails**                   | Nova® Toilet Safety Rails                       | 1             | \$40.00 |
| 373          | Tub and Stair Safety Treads             | Tub and Stair Safety Treads                     | 8             | \$8.00  |
| 421          | Tub Safety Bar**                        | Drive Medical Tub Safety Bar                    | 1             | \$40.00 |

## Cough, Cold and Allergy

| Product code | Product name                                      | Compare to                          | Package count | Price   |
|--------------|---|-------------------------------------|---------------|---------|
| 113          | Cetirizine HCL 10 mg                              | Zyrtec® 10 mg                       | 30            | \$12.00 |
| 495          | Claritin® Reditabs                                | Claritin® Reditabs                  | 30            | \$24.00 |
| 260          | Cough and Cold High Blood Pressure Tablets*       | Coricidin® HBP Cough and Cold       | 16            | \$7.00  |
| 422          | Cough Drops, Black Cherry, Sugar Free             | Halls® Cough Drops Sugar Free       | 25            | \$3.00  |
| 423          | Cough Drops, Honey Lemon                          | Halls® Cough Drops                  | 30            | \$3.00  |
| 321          | Cough Formula Expectorant                         | Robitussin®                         | 8 oz.         | \$7.00  |
| 210          | Cough Suppressant/Expectorant (sugar free)*       | Robitussin® Sugar Free DM           | 4 oz.         | \$7.00  |
| 096          | Cough Suppressant/Nasal Decongestant/Expectorant* | Robitussin® CF                      | 4 oz.         | \$7.00  |
| 237          | Daytime Cold and Flu Soft Gels*                   | DayQuil™                            | 16            | \$7.00  |
| 111          | Expectorant- Guaifenesin 400 mg                   | Mucus Relief 400 mg                 | 30            | \$9.00  |
| 589          | Guaifenesin 600 mg Extended Release               | Guaifenesin 600 mg Extended Release | 20            | \$18.00 |
| 291          | Eye Itch Relief 0.025% Eye Drops                  | Zaditor®                            | 0.17 oz.      | \$13.00 |
| 496          | Fexofenadine 180 mg                               | Allegra®                            | 30            | \$15.00 |
| 361          | Levocetirizine                                    | Xyzal®                              | 35            | \$10.00 |
| 110          | Loratadine 10 mg                                  | Claritin®                           | 30            | \$10.00 |
| 290          | Loratadine Liquid 5 mg/5 ml                       | Children's Claritin®                | 4 oz.         | \$9.00  |
| 043          | Medicated Chest Rub                               | Vicks VapoRub®                      | 100 gm        | \$7.00  |

You'll receive a generic comparable to the name-brand product. This list is subject to change.

\*\*Limit one per plan year. Prior to purchase, the enrollee is strongly encouraged to have a conversation with their personal provider about the appropriateness of this OTC item.

|     |  |  |          |         |
|-----|--|--|----------|---------|
| 117 | Menthol/Benzocaine Sore Throat Lozenges  | Cepacol® Lozenges  | 18       | \$7.00  |
| 228 | Nasal Decongestant PE Max Strength       | Sudafed® PE Tablets  | 36       | \$6.00  |
| 095 | Nasal Decongestant Spray                 | Afrin®   | 1 oz.    | \$6.00  |
| 497 | Nasal Rinse Kit                          | NeilMed® Sinus Rinse™  | 1        | \$18.00 |
| 362 | Nasal Strips- Medium                     | Breathe Right® Nasal Strips  | 30       | \$12.00 |
| 220 | Phenol/Oral Anesthetic Sore Throat Spray | Chloraseptic®  | 6 oz.    | \$7.00  |
| 325 | Saline Nasal Spray                       | Ocean® Saline Nasal Spray  | 3 oz.    | \$7.00  |
| 097 | Sinus-Acetaminophen/Phenylephrine HCL    | Tylenol® Sinus   | 24       | \$7.00  |
| 424 | Steam Inhaler**                          | Vicks® Steam Inhaler   | 1        | \$45.00 |
| 498 | Theraflu MultiSymptom Severe Cold*       | Theraflu MultiSymptom Severe Cold with Green Tea & Honey Lemon Hot Liquid Powder for Cough & Cold Relief | 6        | \$12.00 |
| 293 | Triamcinolone Allergy Nasal Spray        | Nasacort® Allergy 24 hour  | 0.57 oz. | \$18.00 |

## Diabetes Management

| Product code | Product name   | Compare to  | Package count | Price   |
|--------------|--|---|---------------|---------|
| 499          | Compression Dress Socks 8- 15 mmHg, Black- Large   | Curad®  | 1 pair        | \$17.00 |
| 500          | Compression Dress Socks 8- 15 mmHg, Black- Medium  | Curad®  | 1 pair        | \$17.00 |
| 501          | Compression Dress Socks 8- 15 mmHg, Black- Small   | Curad®  | 1 pair        | \$17.00 |
| 265          | Compression Stockings 15-20mmHg Regular Beige Size A (Ankle: 7" - 7 7/8"; Calf: 10" - 13")   | JOBST® Compression Stockings 15-20mmHg Regular Beige Size A (Ankle: 7" - 7 7/8"; Calf: 10" - 13")   | 1 pair        | \$13.00 |
| 266          | Compression Stockings 15-20mmHg Regular Beige Size B (Ankle: 8" - 8 7/8"; Calf: 12" - 15")   | JOBST® Compression Stockings 15-20mmHg Regular Beige Size B (Ankle: 8" - 8 7/8"; Calf: 12" - 15")   | 1 pair        | \$13.00 |
| 267          | Compression Stockings 15-20mmHg Regular Beige Size C (Ankle: 9" - 9 7/8"; Calf: 14" - 17")   | JOBST® Compression Stockings 15-20mmHg Regular Beige Size C (Ankle: 9" - 9 7/8"; Calf: 14" - 17")   | 1 pair        | \$13.00 |
| 268          | Compression Stockings 15-20mmHg Regular Beige Size D (Ankle: 10" - 10 7/8"; Calf: 16" - 19") | JOBST® Compression Stockings 15-20mmHg Regular Beige Size D (Ankle: 10" - 10 7/8"; Calf: 16" - 19") | 1 pair        | \$13.00 |
| 269          | Compression Stockings 15-20mmHg Regular Beige Size E (Ankle: 11" - 11 7/8"; Calf: 18" - 21") | JOBST® Compression Stockings 15-20mmHg Regular Beige Size E (Ankle: 11" - 11 7/8"; Calf: 18" - 21") | 1 pair        | \$13.00 |

You'll receive a generic comparable to the name-brand product. This list is subject to change.

\*Sale of products containing Dextromethorphan are prohibited to members under the age of 18. Limit quantity of two per order.

\*\*Limit one per plan year. Prior to purchase, the enrollee is strongly encouraged to have a conversation with their personal provider about the appropriateness of this OTC item.

|     |  |   |         |         |
|-----|--|---|---------|---------|
| 270 | Compression Stockings 15-20mmHg Regular Beige Size F (Ankle: 12" - 12 7/8"; Calf: 20" - 23") | JOBST® Compression Stockings 15-20mmHg Regular Beige Size F (Ankle: 12" - 12 7/8"; Calf: 20" - 23") | 1 pair  | \$13.00 |
| 271 | Compression Stockings 15-20mmHg Regular Beige Size G (Ankle: 13" - 13 7/8"; Calf: 22" - 26") | JOBST® Compression Stockings 15-20mmHg Regular Beige Size G (Ankle: 13" - 13 7/8"; Calf: 22" - 26") | 1 pair  | \$13.00 |
| 329 | Compression Stockings 15-20mmHg Regular Black Size A (Ankle: 7" - 7 7/8"; Calf: 10" - 13")   | JOBST® Compression Stockings 15-20mmHg Regular Black Size A (Ankle: 7" - 7 7/8"; Calf: 10" - 13")   | 1 pair  | \$13.00 |
| 330 | Compression Stockings 15-20mmHg Regular Black Size B (Ankle: 8" - 8 7/8"; Calf: 12" - 15")   | JOBST® Compression Stockings 15-20mmHg Regular Black Size B (Ankle: 8" - 8 7/8"; Calf: 12" - 15")   | 1 pair  | \$13.00 |
| 331 | Compression Stockings 15-20mmHg Regular Black Size C (Ankle: 9" - 9 7/8"; Calf: 14" - 17")   | JOBST® Compression Stockings 15-20mmHg Regular Black Size C (Ankle: 9" - 9 7/8"; Calf: 14" - 17")   | 1 pair  | \$13.00 |
| 332 | Compression Stockings 15-20mmHg Regular Black Size D (Ankle: 10" - 10 7/8"; Calf: 16" - 19") | JOBST® Compression Stockings 15-20mmHg Regular Black Size D (Ankle: 10" - 10 7/8"; Calf: 16" - 19") | 1 pair  | \$13.00 |
| 333 | Compression Stockings 15-20mmHg Regular Black Size E (Ankle: 11" - 11 7/8"; Calf: 18" - 21") | JOBST® Compression Stockings 15-20mmHg Regular Black Size E (Ankle: 11" - 11 7/8"; Calf: 18" - 21") | 1 pair  | \$13.00 |
| 334 | Compression Stockings 15-20mmHg Regular Black Size F (Ankle: 12" - 12 7/8"; Calf: 20" - 23") | JOBST® Compression Stockings 15-20mmHg Regular Black Size F (Ankle: 12" - 12 7/8"; Calf: 20" - 23") | 1 pair  | \$13.00 |
| 335 | Compression Stockings 15-20mmHg Regular Black Size G (Ankle: 13" - 13 7/8"; Calf: 22" - 26") | JOBST® Compression Stockings 15-20mmHg Regular Black Size G (Ankle: 13" - 13 7/8"; Calf: 22" - 26") | 1 pair  | \$13.00 |
| 376 | Diabetes Circulatory Crew Socks 8-15mmHg Black- Small  | Diabetes Circulatory Crew Socks 8-15mmHg Black- Small   | 1 pair  | \$10.00 |
| 375 | Diabetes Circulatory Crew Socks 8-15mmHg Black- Medium                                       | Diabetes Circulatory Crew Socks 8-15mmHg Black- Medium  | 1 pair  | \$10.00 |
| 374 | Diabetes Circulatory Crew Socks 8-15mmHg Black- Large  | Diabetes Circulatory Crew Socks 8-15mmHg Black- Large   | 1 pair  | \$10.00 |
| 377 | Diabetes Circulatory Crew Socks 8-15mmHg Black- XL   | Diabetes Circulatory Crew Socks 8-15mmHg Black- XL  | 1 pair  | \$10.00 |
| 381 | Diabetes Circulatory Crew Socks 8-15mmHg White- Small  | Diabetes Circulatory Crew Socks 8-15mmHg White- Small   | 1 pair  | \$10.00 |
| 380 | Diabetes Circulatory Crew Socks 8-15mmHg White- Medium                                       | Diabetes Circulatory Crew Socks 8-15mmHg White- Medium  | 1 pair  | \$10.00 |
| 379 | Diabetes Circulatory Crew Socks 8-15mmHg White- Large  | Diabetes Circulatory Crew Socks 8-15mmHg White- Large   | 1 pair  | \$10.00 |
| 382 | Diabetes Circulatory Crew Socks 8-15mmHg White- XL   | Diabetes Circulatory Crew Socks 8-15mmHg White- XL  | 1 pair  | \$10.00 |
| 502 | Diabetic Blood Sugar Log Book  | Diabetic Blood Sugar Log Book   | 1       | \$11.00 |
| 368 | Diabetic Foot Care Telescoping Inspection Mirror   | Telescoping Mirror  | 1       | \$12.00 |
| 272 | Diabetic Skin Relief Foot Cream  | Gold Bond® Diabetic Skin Relief Foot Cream  | 3.4 oz. | \$11.00 |
| 305 | Glucose Tablets (6 pack of 10 tablets)   | DEX4® Glucose Tablets   | 60      | \$12.00 |
| 274 | Sharps Container   | BD™ Home Sharps Container   | 1       | \$6.00  |

You'll receive a generic comparable to the name-brand product. This list is subject to change.

## First Aid

| Product code | Product name  | Compare to  | Package count | Price   |
|--------------|---|---|---------------|---------|
| 035          | Alcohol Prep Pads   | Curad® Alcohol Swabs  | 100           | \$4.00  |
| 506          | Antiseptic Spray  | Antiseptic Spray  | 2 oz.         | \$4.00  |
| 507          | Burn Relief Spray   | Burn Relief Spray   | 2 oz.         | \$4.00  |
| 508          | Butterfly Closures  | Butterfly Closures  | 12            | \$4.00  |
| 509          | Cloth Tape 1" X 10 yards  | Cloth Tape 1" X 10 yards  | 1             | \$5.00  |
| 510          | Curad® Adhesive Bandages- Fingertip                                 | Curad® Adhesive Bandages- Fingertip                                 | 100           | \$8.00  |
| 511          | Curad® Adhesive Bandages- Knuckles                                  | Curad® Adhesive Bandages- Knuckles                                  | 100           | \$8.00  |
| 512          | Curad® Bandage Variety Pack   | Curad® Bandage Variety Pack   | 200           | \$11.00 |
| 513          | Curad® Germ Shield Gel  | Curad® Germ Shield Gel  | 0.5 oz.       | \$6.00  |
| 519          | Curad® Non-Stick Pad 3x4  | Curad® Non-Stick Pad 3x4  | 10            | \$5.00  |
| 514          | Curad® Quick Stop Blood Controlling Bandages                        | Curad® Quick Stop Blood Controlling Bandages                        | 30            | \$6.00  |
| 515          | Curad® silicone bandages  | Curad® silicone bandages .75 x 4                                    | 20            | \$4.00  |
| 516          | Curad® Soothe & Cool Burn Bandages, Instant Cooling, Assorted Sizes | Curad® Soothe & Cool Burn Bandages, Instant Cooling, Assorted Sizes | 8             | \$9.00  |
| 517          | Curad® Spray Bandage <sup>+</sup>                                   | Curad® Spray Bandage  | 1.35 oz       | \$10.00 |
| 518          | Curad® Wound Care Kit (gauze pads, non-stick pad, paper tape)       | Curad® Wound Care Kit (gauze pads, non-stick pad, paper tape)       | 25 pcs        | \$9.00  |
| 226          | Elastic Bandage 4"  | Ace® Bandage  | 1             | \$5.00  |
| 425          | Elastic Bandage 6"  | Ace® Bandage  | 1             | \$9.00  |
| 385          | First Aid Kit- 175 Pieces   | Curad® First Aid Kit- 175 pcs.                                      | 1 kit         | \$12.00 |
| 520          | Gauze Sponges 4" X 4"   | Gauze Sponges 4" X 4"   | 50            | \$8.00  |
| 427          | Hand Sanitizer <sup>+</sup>   | Purell®   | 8 oz.         | \$4.00  |
| 521          | Hand Sanitizer wipes <sup>+</sup>                                   | Purell®   | 160           | \$12.00 |
| 428          | Hot Water Bottle  | Hot Water Bottle  | 1             | \$10.00 |
| 429          | Hydrogen Peroxide   | Hydrogen Peroxide   | 16 oz.        | \$2.00  |
| 430          | Ice Bag   | Ice Bag   | 1             | \$6.00  |
| 431          | Paper Tape 2" x 10 Yards  | Curad® Paper Tape   | 1             | \$9.00  |
| 432          | Petroleum Jelly   | Vaseline®   | 4 oz.         | \$4.00  |
| 324          | Plastic Bandages  | Band-Aids®  | 200           | \$9.00  |
| 433          | Rubbing Alcohol <sup>+</sup>  | Rubbing Alcohol   | 16 oz.        | \$3.00  |
| 231          | Triple Antibiotic Ointment Plus                                     | Neosporin® + Pain Relief  | 1 oz.         | \$7.00  |
| 384          | Waterproof Adhesive Bandages  | Waterproof Adhesive Bandages  | 100           | \$9.00  |

You'll receive a generic comparable to the name-brand product. This list is subject to change.

<sup>+</sup>Product cannot be shipped to P.O. Boxes, Alaska, Hawaii, or Puerto Rico

## Fitness Devices

| Product code | Product name        | Compare to        | Package count | Price    |
|--------------|---------------------|-------------------|---------------|----------|
| 434          | Fitbit® Charge**    | Fitbit® Charge    | 1             | \$150.00 |
| 523          | Fitbit® Inspire 2** | Fitbit® Inspire 2 | 1             | \$100.00 |
| 522          | Fitbit® Versa 3**   | Fitbit® Versa 3   | 1             | \$230.00 |
| 441          | Pedometer           | Pedometer         | 1             | \$20.00  |

## Home Medical

| Product code | Product name  | Compare to  | Package count | Price   |
|--------------|---|---|---------------|---------|
| 257          | 7-Day Pill Box  | 7-Day Pill Box                                      | 1             | \$9.00  |
| 524          | Bed Pan   | Bed Pan   | 1             | \$10.00 |
| 525          | Bedside Stool with Handle**                                     | Bedside Stool with Handle                           | 1             | \$57.00 |
| 242          | Blood Pressure Home Kit (manual pump w/stethoscope)**           | Blood Pressure Home Kit (manual pump w/stethoscope) | 1             | \$17.00 |
| 526          | Cane For Vision Impaired  | Cane For Vision Impaired                            | 1             | \$20.00 |
| 527          | Cane with Offset Handle   | Cane with Offset Handle                             | 1             | \$20.00 |
| 486          | Cloth masks<br>limit 1 pack per month/3 packs per quarter       | Cloth masks   | 3 masks       | \$14.00 |
| 443          | CPAP Memory Foam Pillow**                                       | CPAP Memory Foam Pillow                             | 1             | \$60.00 |
| 444          | CPAP Pillow- Fiber Filled**                                     | CPAP Pillow- Fiber Filled                           | 1             | \$45.00 |
| 247          | Digital Bathroom Scale**  | Digital Bathroom Scale                              | 1             | \$24.00 |
| 245          | Digital Blood Pressure Monitor**                                | Digital Blood Pressure Monitor                      | 1             | \$50.00 |
| 445          | Digital Hearing Amplifier                                       | Clearon Hearing Amplifier                           | 1             | \$50.00 |
| 485          | Disposable Masks<br>limit 3 packs per month/9 packs per quarter | Disposable Masks                                    | 10 masks      | \$10.00 |
| 244          | Electric Heating Pad- Standard**                                | Sunbeam® Electric Heating Pad                       | 1             | \$30.00 |
| 591          | Extra-Large Blood Pressure Cuff                                 | Extra-Large Blood Pressure Cuff                     | 1             | \$27.00 |
| 447          | Foam Ring Cushion   | Carex®  | 1             | \$21.00 |
| 528          | Foam Roller   | Foam Roller   | 1             | \$17.00 |
| 529          | Folding Cane**  | Folding Cane  | 1             | \$18.00 |
| 530          | Food Scale  | Food Scale  | 1             | \$20.00 |
| 531          | Grabber Reacher Tool  | Grabber Reacher Tool                                | 1             | \$15.00 |
| 448          | Heating Pad for Shoulder and Neck**                             | Sunbeam®  | 1             | \$40.00 |
| 449          | Humidifier, Ultra-Sonic Cool Mist**                             | Honeywell® Humidifier- Ultrasonic                   | 1             | \$50.00 |
| 450          | Hypoallergenic Pillow   | Hypoallergenic Pillow                               | 1             | \$25.00 |
| 592          | Inhaler Spacer  | Inhaler Spacer                                      | 1             | \$20.00 |
| 451          | Lumbar Cushion  | Carex®  | 1             | \$25.00 |
| 446          | Magnifying Glass  | Magnifying Glass                                    | 1             | \$13.00 |

You'll receive a generic comparable to the name-brand product. This list is subject to change.

\*\*Limit one per plan year. Prior to purchase, the enrollee is strongly encouraged to have a conversation with their personal provider about the appropriateness of this OTC item.

|     |   |                                      |        |         |
|-----|---|--------------------------------------|--------|---------|
| 452 | Medical Bracelet- Diabetes                | Medical Bracelet                     | 1      | \$21.00 |
| 453 | Medical Bracelet- Heart Patient           | Medical Bracelet                     | 1      | \$21.00 |
| 370 | Medication Disposal Powder                | DisposeRx™                           | 3      | \$11.00 |
| 458 | Medication Lock                           | Pillpod                              | 1      | \$22.00 |
| 532 | Non-skid Slipper Socks                    | Non-skid Slipper Socks               | 1 pair | \$3.00  |
| 048 | Oral Thermometer                          | B-D® Oral Thermometer                | 1      | \$7.00  |
| 533 | Padded Bedside Fall Mat**                 | Padded Bedside Fall Mat              | 1      | \$65.00 |
| 455 | Peak Flow Meter                           | Peak Flow Meter                      | 1      | \$18.00 |
| 456 | Pill Bottle Opener                        | Pill Bottle Opener                   | 1      | \$7.00  |
| 457 | Pill Splitter & Crusher                   | Pill Splitter & Crusher              | 1      | \$9.00  |
| 419 | Plug-In LED Night Lights                  | Plug-In LED Night Lights             | 2      | \$8.00  |
| 309 | Pulse Oximeter**                          | Pulse Oximeter                       | 1      | \$50.00 |
| 386 | Quad Cane Large Base-300lbs capacity**    | Quad Cane Large Base-300lbs capacity | 1      | \$25.00 |
| 387 | Quad Cane Small Base-300lbs capacity**    | Quad Cane Small Base-300lbs capacity | 1      | \$25.00 |
| 534 | Resistance Band, medium resistance        | Theraband®                           | 1      | \$9.00  |
| 594 | Sock Assistance Device                    | Sock Assistance Device               | 1      | \$13.00 |
| 460 | Talking Blood Pressure Monitor**          | Omron®                               | 1      | \$75.00 |
| 461 | Talking Digital Bathroom Scale**          | Talking Digital Bathroom Scale       | 1      | \$35.00 |
| 462 | Talking Ear and Forehead Thermometer      | DualScan® Thermometer, Audio         | 1      | \$30.00 |
| 593 | Talking Pulse Oximeter                    | Talking Pulse Oximeter               | 1      | \$60.00 |
| 535 | Warm Mist Humidifier with Steam Inhaler** | Crane                                | 1      | \$50.00 |
| 536 | Warm Mist Steam Inhaler Pads              | Crane                                | 12     | \$13.00 |
| 463 | Weighted Utensil Set                      | Weighted Utensil Set                 | 1      | \$40.00 |

## Incontinence

| Product code | Product name  | Compare to  | Package count | Price   |
|--------------|---|---|---------------|---------|
| 256          | Absorbent Underpads (Disposable Chux Pads) 23"x36"                    | Protection Plus® Disposable Underpads 23" x 36"       | 20            | \$15.00 |
| 396          | Adult Incontinence Tab-Style Disposable Briefs, Extra Absorbency, S   | FitRight® Disposable Briefs Extra Absorbency - Small  | 20            | \$17.00 |
| 395          | Adult Incontinence Tab-Style Disposable Briefs, Extra Absorbency, M   | FitRight® Disposable Briefs Extra Absorbency - Medium | 20            | \$17.00 |
| 394          | Adult Incontinence Tab-Style Disposable Briefs, Extra Absorbency, L   | FitRight® Disposable Briefs Extra Absorbency - Large  | 20            | \$17.00 |
| 397          | Adult Incontinence Tab-Style Disposable Briefs, Extra Absorbency, XL  | FitRight® Disposable Briefs Extra Absorbency - XL     | 20            | \$17.00 |
| 398          | Adult Incontinence Tab-Style Disposable Briefs, Extra Absorbency, XXL | FitRight® Disposable Briefs Extra Absorbency - XXL    | 20            | \$17.00 |
| 401          | Adult Incontinence Tab-Style Disposable Briefs, Ultra Absorbency, S   | FitRight® Disposable Briefs Ultra Absorbency - Small  | 20            | \$17.00 |

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\*\*Limit one per plan year. Prior to purchase, the enrollee is strongly encouraged to have a conversation with their personal provider about the appropriateness of this OTC item.

|     |   |   |       |         |
|-----|---|---|-------|---------|
| 400 | Adult Incontinence Tab-Style Disposable Briefs, Ultra Absorbency, M   | FitRight® Disposable Briefs Ultra Absorbency - Medium | 20    | \$17.00 |
| 399 | Adult Incontinence Tab-Style Disposable Briefs, Ultra Absorbency, L   | FitRight® Disposable Briefs Ultra Absorbency - Large  | 20    | \$17.00 |
| 402 | Adult Incontinence Tab-Style Disposable Briefs, Ultra Absorbency, XL  | FitRight® Disposable Briefs Ultra Absorbency - XL     | 20    | \$17.00 |
| 403 | Adult Incontinence Tab-Style Disposable Briefs, Ultra Absorbency, XXL | FitRight® Disposable Briefs Ultra Absorbency - XXL    | 20    | \$17.00 |
| 366 | Bladder Control Guards for Men  | FitRight® Active Bladder Guards for Men               | 52    | \$14.00 |
| 595 | Bladder Control Pad for Women - Light                                 | FitRight®   | 20    | \$8.00  |
| 596 | Bladder Control Pad for Women - Moderate                              | FitRight®   | 16    | \$8.00  |
| 597 | Bladder Control Pad for Women - Maximum                               | FitRight®   | 10    | \$8.00  |
| 598 | Bladder Control Pad for Women - Ultimate                              | FitRight®   | 10    | \$8.00  |
| 307 | Diaper Rash Ointment  | Desitin® Ointment                                     | 2 oz. | \$8.00  |
| 537 | Disposable Underpad 36 x 36   | Disposable Underpad 36 x 36                           | 50    | \$35.00 |
| 538 | Extended Wear High Capacity Tab-Style Briefs- Large                   | Extended Wear High Capacity Tab-Style Briefs- Large   | 15    | \$18.00 |
| 539 | Extended Wear High Capacity Tab-Style Briefs- Medium                  | Extended Wear High Capacity Tab-Style Briefs- Medium  | 15    | \$18.00 |
| 540 | Extended Wear High Capacity Tab-Style Briefs- Small                   | Extended Wear High Capacity Tab-Style Briefs- Small   | 30    | \$22.00 |
| 541 | Extended Wear High Capacity Tab-Style Briefs- XL                      | Extended Wear High Capacity Tab-Style Briefs- XL      | 15    | \$18.00 |
| 369 | Flushable Cleansing Cloths  | Cottonelle®   | 40    | \$5.00  |
| 599 | Panty Liner- Long   | Panty Liner- Long                                     | 40    | \$8.00  |
| 600 | Incontinence Underwear for Women - Heavy Absorbency, SM/MD            | FitRight  | 20    | \$17.00 |
| 601 | Incontinence Underwear for Women - Heavy Absorbency, L/XL             | FitRight  | 20    | \$17.00 |
| 602 | Incontinence Underwear for Men - Heavy Absorbency, SM/MD              | FitRight  | 20    | \$17.00 |
| 603 | Incontinence Underwear for Men - Heavy Absorbency, L/XL               | FitRight  | 20    | \$17.00 |
| 604 | Incontinence Unisex Underwear- 2XL                                    | FitRight  | 20    | \$19.00 |
| 542 | Washable Underpads  | Washable Underpads                                    | 1     | \$10.00 |

## Pain Relievers

| Product code | Product name                    | Compare to                     | Package count | Price   |
|--------------|---------------------------------|--------------------------------|---------------|---------|
| 294          | Acetaminophen 325 mg            | Tylenol® Regular Strength      | 100           | \$7.00  |
| 002          | Acetaminophen 500 mg            | Tylenol® Extra Strength        | 100           | \$7.00  |
| 020          | Acetaminophen 80 mg chewable    | Tylenol® Children's Chewable   | 30            | \$7.00  |
| 605          | Acetaminophen Arthritis 650 mg  | Acetaminophen Arthritis 650 mg | 24            | \$8.00  |
| 543          | Arthritis Pain Gel              | Voltaren Gel                   | 3.53 oz.      | \$15.00 |
| 016          | Aspirin Low Dose 81 mg EC       | Bayer® Adult Low Strength EC   | 120           | \$6.00  |
| 353          | Children's Acetaminophen Liquid | Children's Tylenol®            | 4 oz.         | \$7.00  |
| 213          | Cold and Hot Patches            | Icy Hot® Patch                 | 5             | \$8.00  |

You'll receive a generic comparable to the name-brand product. This list is subject to change.

|     |   |                             |         |         |
|-----|---|-----------------------------|---------|---------|
| 229 | Enteric Coated Aspirin 325 mg                       | Ecotrin®                    | 100     | \$7.00  |
| 125 | Headache Formula-<br>Aspirin/Acetaminophen/Caffeine | Excedrin®                   | 100     | \$9.00  |
| 019 | Ibuprofen 200 mg Tablets                            | Advil®                      | 50      | \$7.00  |
| 094 | Ibuprofen Suspension (Children's)                   | Children's Motrin®          | 4 oz.   | \$8.00  |
| 365 | Lidocaine Patches                                   | Salonpas® Lidocaine Patches | 6       | \$10.00 |
| 046 | Muscle Rub  | BenGay®                     | 4 oz.   | \$8.00  |
| 283 | Naproxen Sodium 220 mg                              | Aleve®                      | 100     | \$9.00  |
| 344 | Roll-on Muscle Relief                               | Biofreeze®                  | 2.5 oz. | \$13.00 |
| 464 | Spray-On Muscle Relief†                             | BioFreeze® Spray            | 4 oz.   | \$13.00 |
| 119 | Topical Analgesic- Capsaicin Cream<br>0.025%        | Zostrix® Cream              | 2 oz.   | \$9.00  |

## Personal Care

| Product code | Product name  | Compare to  | Package count | Price   |
|--------------|---|---|---------------|---------|
| 544          | Abreva® Cold Sore Treatment                             | Abreva® Cold Sore Treatment                             | .07 oz.       | \$28.00 |
| 545          | Aim® Toothpaste   | Aim® Toothpaste   | 5.5 oz        | \$6.00  |
| 471          | Battery-Operated Water Jet**                            | Interplak® Battery-Operated Water Jet                   | 1             | \$35.00 |
| 472          | Battery-Operated Water Jet Tips                         | Interplak® Battery-Operated Water Jet Tips              | 5             | \$9.00  |
| 546          | Bausch + Lomb Alaway® Antihistamine<br>Eye Drops        | Bausch + Lomb Alaway® Antihistamine Eye<br>Drops        | .34 oz.       | \$15.00 |
| 547          | Bausch + Lomb Soothe® Lubricant Eye<br>Drops, Hydration | Bausch + Lomb Soothe® Lubricant Eye<br>Drops, Hydration | .5 oz.        | \$15.00 |
| 548          | Biotene® Spray  | Biotene® Spray  | 1.5 oz.       | \$11.00 |
| 549          | Biotene® Toothpaste                                     | Biotene® Toothpaste                                     | 4.3 oz.       | \$11.00 |
| 465          | Bunion Guard  | Bunion Guard  | 1             | \$9.00  |
| 550          | Colgate® Toothpaste                                     | Colgate® Toothpaste                                     | 4 oz.         | \$6.00  |
| 551          | Contact Lens Solution                                   | Opti-Free® Replenish®                                   | 12 oz.        | \$10.00 |
| 036          | Cotton Swabs  | Q-Tips® Cotton Swabs                                    | 300           | \$6.00  |
| 552          | Crest® Toothpaste                                       | Crest® Toothpaste                                       | 5.4 oz.       | \$7.00  |
| 224          | Dental Floss, Waxed                                     | Dental Floss, Waxed                                     | 100<br>yards  | \$5.00  |
| 391          | Dental Flossers   | Dental Flossers   | 90            | \$6.00  |
| 225          | Denture Adhesive  | Fixodent®   | 1.5 oz.       | \$6.00  |
| 392          | Denture Brush   | GUM® Denture Brush                                      | 1             | \$6.00  |
| 345          | Disposable Gloves- Non-Latex                            | Curad®  | 100           | \$10.00 |
| 393          | Dry Mouth Oral Rinse                                    | Biotene® Dry Mouth Oral Rinse                           | 16 fl oz.     | \$9.00  |
| 118          | Earwax Removal Drops                                    | Debrox® Earwax Removal Drops                            | 0.5 oz.       | \$7.00  |
| 319          | Effervescent Denture Tabs                               | Efferdent®  | 90            | \$9.00  |

You'll receive a generic comparable to the name-brand product. This list is subject to change.

†Product cannot be shipped to P.O. Boxes, Alaska, Hawaii, or Puerto Rico

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|     |   |   |          |         |
|-----|---|---|----------|---------|
| 219 | Eye Drops- Redness Reliever                     | Visine® Original                                | 0.5 oz.  | \$6.00  |
| 553 | Fixodent® Denture Adhesive                      | Fixodent® Denture Adhesive                      | 2.4 oz.  | \$9.00  |
| 388 | Insect Bite Relief                              | After Bite®                                     | 0.5 oz.  | \$9.00  |
| 327 | Insect Repellent                                | Off® Deep Woods® Insect Repellent               | 6 oz.    | \$11.00 |
| 554 | Interdental Brush Picks                         | Gum®  | 275      | \$6.00  |
| 555 | Interdental Gum Brushes                         | Gum®  | 10       | \$7.00  |
| 356 | Lubricant Eye Drops                             | Refresh Optive® Lubricant Eye Drops             | 0.5 oz.  | \$15.00 |
| 114 | Lubricant Eye Drops (Sterile)                   | Lubricant Eye Drops (Sterile)                   | 0.5 oz.  | \$7.00  |
| 346 | Lubricant Eye Gel                               | GenTeal®  | 0.34 oz. | \$12.00 |
| 404 | Medicated Foot Powder                           | Gold Bond® Medicated Foot Powder                | 4 oz.    | \$6.00  |
| 414 | Medicated Lip Treatment Squeeze Tube- 2 Pack    | Carmex®   | 2        | \$6.00  |
| 473 | Moleskin  | Moleskin  | 3 strips | \$6.00  |
| 295 | Oral Pain Relief- Benzocaine 20%                | Orajel™ Maximum                                 | 0.5 oz.  | \$7.00  |
| 556 | Pataday® Once Daily Relief                      | Pataday® Once Daily Relief                      | 2.5 ml   | \$22.00 |
| 557 | Pataday® Twice Daily Relief                     | Pataday® Twice Daily Relief                     | 5 ml     | \$20.00 |
| 558 | Pepsodent Toothpaste                            | Pepsodent Toothpaste                            | 5.5      | \$5.00  |
| 405 | Preservative Free Lubricant Eye Drops           | Refresh Optive®                                 | 30       | \$15.00 |
| 407 | Rechargeable Power Toothbrush**                 | Rechargeable Power Toothbrush                   | 1        | \$35.00 |
| 406 | Rechargeable Power Toothbrush Replacement Heads | Rechargeable Power Toothbrush Replacement Heads | 2        | \$22.00 |
| 310 | Reusable Cold Compress                          | ACE™ Cold Compress                              | 1        | \$7.00  |
| 606 | Sensodyne Toothpaste                            | Sensodyne Toothpaste                            | 6 oz     | \$13.00 |
| 559 | Swimmer's Ear Solution                          | Debrox® Swimmer's Ear Drying Drops              | 1 oz.    | \$9.00  |
| 284 | Toothbrush                                      | Toothbrush                                      | 3        | \$7.00  |
| 285 | Toothpaste                                      | Toothpaste                                      | 2        | \$8.00  |
| 296 | Wart Remover Liquid 17%                         | Compound W® Max Strength                        | 0.31 oz. | \$9.00  |

## Skin Care

| Product code | Product name                        | Compare to  | Package count | Price   |
|--------------|-------------------------------------|---|---------------|---------|
| 217          | Allergy Cream- Itch and Pain Relief | Benadryl® Extra Strength Cream                                  | 1 oz.         | \$6.00  |
| 560          | Aloe Vera with Lidocaine            | Aloe Vera with Lidocaine  | 20 oz.        | \$10.00 |
| 037          | Calamine Lotion                     | Calamine  | 6 oz.         | \$7.00  |
| 038          | Clotrimazole Cream 1%               | Lotrimin AF®  | 0.5 oz.       | \$7.00  |
| 408          | Diabetic Skin Relief                | Gold Bond® Ultimate Diabetics' Dry Skin Relief Hydrating Lotion | 4.5 oz.       | \$11.00 |
| 409          | Eczema Moisturizing Cream           | Aveeno® Active Naturals® Eczema Therapy Moisturizing Cream      | 5 oz.         | \$13.00 |
| 322          | Hydrocortisone Cream 1%             | Cortaid®  | 2 oz.         | \$7.00  |
| 241          | Medicated Callus Remover            | Dr. Scholl's®   | 6             | \$7.00  |

You'll receive a generic comparable to the name-brand product. This list is subject to change.

\*\*Limit one per plan year. Prior to purchase, the enrollee is strongly encouraged to have a conversation with their personal provider about the appropriateness of this OTC item.

|     |                                    |  |         |         |
|-----|------------------------------------|--|---------|---------|
| 561 | Phytoplex Calazime Skin Protectant | Phytoplex Calazime Skin Protectant               | 4 oz.   | \$13.00 |
| 410 | Psoriasis Medicated Ointment       | Psoriasis Medicated Ointment                     | 3.8 oz. | \$13.00 |
| 562 | Skin Protectant Paste              | Skin Protectant Paste                            | 4 oz.   | \$9.00  |
| 563 | Skin Repair Cream                  | Remedy® Intensive Skin Therapy Skin Repair Cream | 4 oz.   | \$6.00  |
| 411 | Soothing Oatmeal Bath Treatment    | Aveeno® Soothing Bath Treatment                  | 8       | \$10.00 |
| 306 | Sunblock SPF 30                    | Coppertone® SPF 30                               | 8 oz.   | \$9.00  |
| 564 | Sunscreen SPF 50                   | Sunscreen SPF 50                                 | 8 oz.   | \$9.00  |
| 218 | Tolnaftate 1% Antifungal           | Tinactin® Cream                                  | 1 oz.   | \$8.00  |
| 308 | Vitamin A&D Ointment               | A&D® Original Ointment                           | 4 oz.   | \$8.00  |

## Smoking Cessation

| Product code | Product name                                   | Compare to                 | Package count | Price   |
|--------------|--|----------------------------|---------------|---------|
| 313          | Nicotine Transdermal 14 mg Patch <sup>++</sup> | Nicotine Transdermal Patch | 7             | \$25.00 |
| 314          | Nicotine Transdermal 21 mg Patch <sup>++</sup> | Nicotine Transdermal Patch | 7             | \$25.00 |
| 315          | Nicotine Transdermal 7 mg Patch <sup>++</sup>  | Nicotine Transdermal Patch | 7             | \$25.00 |
| 123          | Stop Smoking Gum- 2 mg <sup>++</sup>           | Nicorette® 2 mg gum        | 50            | \$20.00 |
| 124          | Stop Smoking Gum- 4 mg <sup>++</sup>           | Nicorette® 4 mg gum        | 50            | \$20.00 |

## Supports

| Product code | Product name                             | Compare to                             | Package count | Price   |
|--------------|--|--|---------------|---------|
| 336          | Ankle Support                            | Futuro®                                | 1             | \$11.00 |
| 565          | Arthritis Gloves- S                      | Vive Arthritis Gloves                  | 1 pair        | \$18.00 |
| 363          | Arthritis Gloves, Large                  | Vive Arthritis Gloves                  | 1 pair        | \$18.00 |
| 364          | Arthritis Gloves, Medium                 | Vive Arthritis Gloves                  | 1 pair        | \$18.00 |
| 337          | Back Support Elastic- one size fits most | Futuro®                                | 1             | \$25.00 |
| 566          | Back Support with Pulley System LG/XL    | Back Support with Pulley System LG/XL  | 1             | \$18.00 |
| 567          | Back Support with Pulley System SM/MED   | Back Support with Pulley System SM/MED | 1             | \$18.00 |
| 568          | Back Support with Pulley System 2XL      | Back Support with Pulley System 2XL    | 1             | \$18.00 |
| 442          | Carpal Tunnel Night Brace                | Futuro® Carpal Tunnel Night Brace      | 1             | \$23.00 |
| 339          | Elbow Support                            | Futuro® Elbow Support                  | 1             | \$10.00 |
| 357          | Knee Support w/Stays XL                  | Futuro® Knee Support w/Stays - XL      | 1             | \$15.00 |
| 340          | Knee Support w/Stays L                   | Futuro® Knee Support w/Stays - L       | 1             | \$15.00 |
| 341          | Knee Support w/Stays M                   | Futuro® Knee Support w/Stays - M       | 1             | \$15.00 |
| 342          | Knee Support w/Stays S                   | Futuro® Knee Support w/Stays - S       | 1             | \$15.00 |
| 459          | Plantar Fasciitis Relief Sleeve          | Plantar Fasciitis Relief Sleeve        | 1 pair        | \$12.00 |
| 343          | Wrist Support                            | Futuro®                                | 1             | \$15.00 |

You'll receive a generic comparable to the name-brand product. This list is subject to change.

<sup>++</sup>Sale of products containing nicotine are prohibited to members under the age of 21.

## Vitamins, Minerals and Supplements

| Product code | Product name   | Compare to  | Package count | Price   |
|--------------|--|---|---------------|---------|
| 250          | Almebex Plus B-12                                    | Almebex Plus B-12                                   | 473 ml        | \$27.00 |
| 297          | Antioxidant Tablets                                  | Antioxidant Tablets                                 | 60            | \$8.00  |
| 569          | Bausch + Lomb PreserVision® AREDS 2 chewables        | Bausch + Lomb PreserVision® AREDS 2 chewables       | 60            | \$25.00 |
| 475          | Biotin Gummies                                       | Vitafusion™   | 100           | \$12.00 |
| 476          | Calcium + Vitamin D Gummies                          | Nature's Way® Alive!®                               | 60            | \$12.00 |
| 570          | Calcium Carbonate with Vitamin D 600 mg - 400IU TAB  | Calcium Carbonate with Vitamin D 600 mg - 400IU TAB | 100           | \$11.00 |
| 109          | Calcium Citrate + Vitamin D                          | Citracal® Caplets + D                               | 60            | \$7.00  |
| 248          | Chewable Calcium with Vitamin D Plus Minerals        | Caltrate® 600 + D Plus Minerals Chewable            | 60            | \$9.00  |
| 367          | Co-Enzyme Q-10 100 mg                                | Co-Enzyme Q-10 100 mg                               | 30            | \$12.00 |
| 902          | Co-Enzyme Q-10 30 mg                                 | Co-Enzyme Q-10 30 mg                                | 30            | \$10.00 |
| 063          | Complete Senior Vitamins and Minerals                | Centrum® Silver                                     | 60            | \$10.00 |
| 011          | Daily Multivitamin and Mineral                       | Centrum®  | 130           | \$10.00 |
| 608          | Elderberry Gummies                                   | Elderberry Gummies                                  | 60            | \$12.00 |
| 571          | Ensure® Nutrition Shake, Chocolate, 8 oz.            | Ensure®   | 24            | \$55.00 |
| 577          | Ensure® Nutrition Shake, Vanilla 8 oz.               | Ensure®   | 24            | \$55.00 |
| 907          | Eye Care Vitamins                                    | Ocuvite® Extra                                      | 36            | \$9.00  |
| 298          | Ferrous Sulfate 5 gr                                 | Feosol® 100   | 100           | \$8.00  |
| 477          | Flax Seed Oil 1000 mg Softgels                       | Flax Seed Oil                                       | 90            | \$10.00 |
| 240          | Folic Acid 800 mcg                                   | Folic Acid 800 mcg                                  | 100           | \$7.00  |
| 572          | Food and Beverage Thickener                          | Thick-It® Food and Beverage Thickener               | 10 oz.        | \$8.00  |
| 573          | Glucerna® Diabetes Nutrition Shake, Chocolate, 8 oz. | Glucerna®   | 24            | \$55.00 |
| 578          | Glucerna® Diabetes Nutrition Shake, Vanilla, 8 oz.   | Glucerna®   | 24            | \$55.00 |
| 412          | Glucosamine Chondroitin Triple Strength              | Glucosamine Chondroitin Triple Strength             | 100           | \$25.00 |
| 299          | Gummy Multi-Vitamin                                  | Multi-Vitamin Gummy                                 | 120           | \$12.00 |
| 300          | Gummy Vitamin C 250 mg                               | Vitamin C 250 mg Gummy                              | 100           | \$11.00 |
| 301          | Gummy Vitamin D 2000 IU                              | Vitamin D 2000 IU Gummy                             | 120           | \$11.00 |
| 474          | Immune Support Chewable Tablets                      | Airborne®   | 32            | \$9.00  |
| 609          | Ginseng Extract 100 mg                               | Ginseng Extract 100 mg                              | 60            | \$15.00 |
| 246          | Liquid Iron Formulation 220mg/5ml                    | Liquid Iron   | 16 oz.        | \$9.00  |
| 302          | Magnesium Oxide 400 mg                               | Mag-Ox® 400 mg                                      | 120           | \$9.00  |
| 278          | Melatonin 5 mg                                       | Melatonin 5 mg                                      | 100           | \$8.00  |
| 479          | Melatonin Gummies, 5 mg                              | Vitajoy®  | 120           | \$12.00 |
| 413          | Omega-3 Fish Oil 1000 mg                             | Omega-3 Fish Oil 1000 mg                            | 90            | \$10.00 |
| 107          | One Daily Women's Multivitamin                       | One-A-Day Women's®                                  | 60            | \$8.00  |

You'll receive a generic comparable to the name-brand product. This list is subject to change.

|     |                                  |                                  |     |         |
|-----|----------------------------------|----------------------------------|-----|---------|
| 316 | One Daily Men's Multivitamin     | One-A-Day Men's®                 | 60  | \$8.00  |
| 317 | Organic Sulfur MSM 1000 mg       | Organic Sulfur MSM 1000 mg       | 90  | \$9.00  |
| 610 | Papaya Enzyme                    | Papaya Enzyme                    | 100 | \$10.00 |
| 303 | Potassium Gluconate 595 mg       | Potassium Gluconate 595 mg       | 100 | \$7.00  |
| 607 | Probiotic                        | Probiotic                        | 30  | \$18.00 |
| 481 | Rena-vite Vitamins               | Rena-vite Vitamins               | 100 | \$15.00 |
| 909 | Timed Release Niacin 500 mg      | Timed Release Niacin 500 mg      | 100 | \$9.00  |
| 574 | Vitamin B-12 500 mcg Tab         | Vitamin B-12 500 mcg Tab         | 100 | \$7.00  |
| 238 | Vitamin B-12 1000 mcg            | Vitamin B-12 1000 mcg            | 100 | \$8.00  |
| 279 | Vitamin B-12 5000 mcg Sublingual | Vitamin B-12 5000 mcg Sublingual | 30  | \$8.00  |
| 482 | Vitamin B-Complex Gummies        | VitaFusion™                      | 70  | \$12.00 |
| 280 | Vitamin B-Complex Sublingual     | Vitamin B-Complex Sublingual     | 60  | \$8.00  |
| 903 | Vitamin B-Complex with B-12      | Vitamin B-Complex with B-12      | 100 | \$8.00  |
| 010 | Vitamin C 500 mg                 | Vitamin C 500 mg                 | 100 | \$7.00  |
| 209 | Vitamin D 1000 IU                | Vitamin D 1000 IU                | 100 | \$8.00  |
| 483 | Vitamin D 50,000 IU              | Vitamin D 50,000 IU              | 12  | \$20.00 |
| 239 | Vitamin D 5000 IU                | Vitamin D 5000 IU                | 100 | \$9.00  |
| 576 | Vitamin D3 2000 IU               | Vitamin D3 2000 IU               | 240 | \$11.00 |
| 012 | Vitamin E 400 IU                 | Vitamin E 400 IU                 | 100 | \$10.00 |

## Women's Health

| Product code | Product name                        | Compare to                               | Package count | Price   |
|--------------|-------------------------------------|--|---------------|---------|
| 041          | Clotrimazole 1% Vaginal Cream       | Gyne-Lotrimin® Cream                     | 1.5 oz.       | \$9.00  |
| 304          | Miconazole 3 Combo Pack             | Monistat® 3 Combo Pack                   | 3 day supply  | \$13.00 |
| 326          | Urinary Pain Relief                 | AZO Urinary Pain Relief®                 | 30            | \$8.00  |
| 484          | Urinary Tract Infection Test Strips | AZO Urinary Tract Infection Test Strips® | 3             | \$14.00 |
| 611          | Vaginal Moisturizer                 | Replens Vaginal Moisturizer              | 8             | \$21.00 |

You'll receive a generic comparable to the name-brand product. This list is subject to change.

## Important!

### At Humana, it is important you are treated fairly.

Humana Inc. and its subsidiaries do not discriminate or exclude people because of their race, color, national origin, age, disability, sex, sexual orientation, gender, gender identity, ancestry, marital status, or religion. Discrimination is against the law. Humana and its subsidiaries comply with applicable Federal Civil Rights laws. If you believe that you have been discriminated against by Humana or its subsidiaries, there are ways to get help.

- You may file a complaint, also known as a grievance:  
Discrimination Grievances, P.O. Box 14618, Lexington, KY 40512-4618  
If you need help filing a grievance, call **1-877-320-1235** or if you use a **TTY**, call **711**.
- You can also file a civil rights complaint with the **U.S. Department of Health and Human Services**, Office for Civil Rights electronically through their Complaint Portal, available at <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>, or at **U.S. Department of Health and Human Services**, 200 Independence Avenue, SW, Room 509F, HHH Building, Washington, DC 20201, **1-800-368-1019**, **800-537-7697 (TDD)**. Complaint forms are available at <https://www.hhs.gov/ocr/office/file/index.html>.
- **California residents:** You may also call California Department of Insurance toll-free hotline number: **1-800-927-HELP (4357)**, to file a grievance.

### Auxiliary aids and services, free of charge, are available to you. 1-877-320-1235 (TTY: 711)

Humana provides free auxiliary aids and services, such as qualified sign language interpreters, video remote interpretation, and written information in other formats to people with disabilities when such auxiliary aids and services are necessary to ensure an equal opportunity to participate.

### Language assistance services, free of charge, are available to you. 1-877-320-1235 (TTY: 711)

**Español (Spanish):** Llame al número arriba indicado para recibir servicios gratuitos de asistencia lingüística.

**繁體中文 (Chinese):** 撥打上面的電話號碼即可獲得免費語言援助服務。

**Tiếng Việt (Vietnamese):** Xin gọi số điện thoại trên đây để nhận được các dịch vụ hỗ trợ ngôn ngữ miễn phí.

**한국어 (Korean):** 무료 언어 지원 서비스를 받으려면 위의 번호로 전화하십시오.

**Tagalog (Tagalog - Filipino):** Tawagan ang numero sa itaas upang makatanggap ng mga serbisyo ng tulong sa wika nang walang bayad.

**Русский (Russian):** Позвоните по номеру, указанному выше, чтобы получить бесплатные услуги перевода.

**Kreyòl Ayisyen (French Creole):** Rele nimewo ki pi wo la a, pou resewva sèvis èd pou lang ki gratis.

**Français (French):** Appelez le numéro ci-dessus pour recevoir gratuitement des services d'aide linguistique.

**Polski (Polish):** Aby skorzystać z bezpłatnej pomocy językowej, proszę zadzwonić pod wyżej podany numer.

**Português (Portuguese):** Ligue para o número acima indicado para receber serviços linguísticos, grátis.

**Italiano (Italian):** Chiamare il numero sopra per ricevere servizi di assistenza linguistica gratuiti.

**Deutsch (German):** Wählen Sie die oben angegebene Nummer, um kostenlose sprachliche Hilfsdienstleistungen zu erhalten.

**日本語 (Japanese):** 無料の言語支援サービスをご要望の場合は、上記の番号までお電話ください。

**فارسی (Farsi)**

برای دریافت تسهیلات زبانی بصورت رایگان با شماره فوق تماس بگیرید.

**Diné Bizaad (Navajo):** Wódańí béésh bee hani'í bee wolta'ígíí bich'í' hódíílnih éí bee t'áá jiik'eh saad bee áká'ánida'áwo'déé nika'adoował.

**العربية (Arabic)**

الرجاء الاتصال بالرقم المبين أعلاه للحصول على خدمات مجانية للمساعدة بلغتك



# Get your questions answered

- When ordering multiple products, you may receive your products in multiple shipments.
- Include your check, money order, or enter your credit card information if your order exceeds your plan's allowance.
- Balances higher than the allowance amount will have sales tax applied.
- If you have a plan that includes rollover allowance, your unused balance will carry over to your next month or quarter and expire on Dec. 31, 2022.
- If you have a plan that does not include a rollover allowance, your allowance will need to be used within each month or quarter, depending on your plan—any unused allowance will not roll over.
- If you have an OTC card, you will need to activate your card before using.
- Orders will be shipped to your home by FedEx, UPS or the US Postal Service.
- Allow 10 to 14 business days for processing from the time Humana Pharmacy receives your order.
- You'll receive a generic comparable to the name-brand product.
- The most up to date product list is available on **HumanaPharmacy.com**.
- If a product is unavailable or not in stock, it may be substituted for a similar product at no additional charge.
- Specific brands, colors, flavors, etc. cannot be requested unless noted in the catalog.
- Humana Pharmacy reserves the right to limit the quantities of OTC medications and supplies dispensed.
- Returns or refunds are not accepted for items that were properly dispensed.
- Due to added time to receive your request by mail, we encourage you to place your order by the 20th of each month or quarter, depending on your plan.

OTC items may only be purchased for the plan enrollee. It is prohibited to purchase OTC items for family members and friends. Purchase of covered OTC products made under emergency circumstances may be eligible for reimbursement when the benefit allowance is available. Returns or refunds are not accepted for items that were properly dispensed.

\*Sale of products containing Dextromethorphan are prohibited to members under the age of 18. Limit quantity of two per order.

\*\*Limit one per plan year. Prior to purchase, the enrollee is strongly encouraged to have a conversation with their personal provider about the appropriateness of this OTC item.

\*Product cannot be shipped to P.O. Boxes, Alaska, Hawaii, or Puerto Rico

\*\* Sale of products containing nicotine are prohibited to members under the age of 21.

The following items are not covered under this OTC benefit (non-eligible items): Baby items, Contraceptives, Convenience (non-medical items), Cosmetics, and Food Supplements.

An allowance amount is only available if your plan offers the over-the-counter (OTC) service as a benefit. Call Humana Pharmacy at **855-211-8370 (TTY: 711)** if you have questions about your order, or about how to use this benefit at Humana Pharmacy, Monday- Friday, 8 a.m.—11 p.m., and Saturday, 8 a.m.— 6:30 p.m. Eastern time.

Other pharmacies are available in our network.